

**UPDATED OCTOBER 2025** 

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#### introduction

This information identifies the 14 major allergens outlined by the Food Standards Agency which can be found in the food and drink we serve.

We are proud to produce food in our kitchens every day. However, as we use many ingredients and shared equipment/utensils across multiple menu items, including those containing allergens, cross-contamination is managed but cannot be eliminated to an allergen-free level. We therefore cannot guarantee any of our food is suitable for those with allergies due to the high risk of cross-contamination.

Whilst our staff are trained to support allergen-related queries, they will always refer to our most up-to-date allergen matrix for accurate information. We take reasonable steps to keep ingredients separate, but we cannot guarantee any item is allergen free, even after ingredients have been removed on request. There is a possibility that trace allergens may be found in any item.

Ingredients containing allergens that are deep-fried in our kitchens may be cooked in the same fryers as ingredients that do not contain allergens. This creates a risk of cross-contact which is clearly communicated to customers at the point of order.

While the ingredient information is based on standard dish formulations, variations may occur. Our allergen matrix is available upon request or can be accessed on the website (https://moddershalloaks.com/allergen-information/) or via QR codes printed on our menus. Please check this guide and the ingredient matrix regularly, as our dishes and suppliers do change from time to time.

Customers with specific dietary needs must inform staff of their requirements before ordering, to help us minimise the risk of cross-contamination. Even if you have dined with us previously, ingredients and specifications can change at any time. When this happens, our allergen information is updated and staff are notified accordingly.

Any drinks or packaged products not outlined in this guide may require customers to check the packaging information of each product. Please ask a staff member should you need to see the packaging.

Many of the ingredients we use are produced in factories which handle additional allergens. These manufacturers have controls in place and are subject to frequent audits, yet customers should be aware that small risks of cross-contamination may still be present.

For those with airborne allergies, please note that we take reasonable steps to reduce airborne allergen exposure, but cannot guarantee an allergen-free environment.

Information correct at time of print, October 2025. All allergen information is subject to change without notice.

#### the oak house



#### ALL DAY MENU, SUNDAY MENU, LIGHT LUNCH, DESSERTS

Martine   Mart		Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustacea	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide &	Nuts
The section of the se	APPETISERS / FLATRREADS	vegetarians	ioi vegalis		giuteii	113										Sulphites	
Materials (1988) 1985   1985		1	.1		VEC WHEAT DVE									NA	NA	V	MAY - NUT NOT SPECIFIED
Marchander   Mar					TES - WHEAT, KTE									iviay	iviay		BY SUPPLIER
Second		<b>✓</b>	✓		VEC MUEAT												
Second   Second Secon					YES - WHEAT										Yes	Yes	MAY - NUT NOT SPECIFIED
Secretary of the fine of a property of the control	Crispy halloumi with sriracha mayonnaise						Yes						May	May			
Section of the content of the conten	Homemade garlic flatbread with olive oil & garlic butter									Yes							
March   Marc					YES - WHEAT		Yes			Voc							
Seed from the standard of the action of the standard of the st		•															
The state of the property of the state of													May	May			
The section of the se					VES - WHEAT								way	ividy		Vac	
Control   Cont	Chorizo & red pepper flatbread	•					Yes									163	TES - WALTOIS
The second secon	Mushroom & spinach flatbread				YES - WHEAT					Yes				Yes			
The second state of the	Cheese & tomato flatbread	✓			YES - WHEAT					Yes							
Technology and make the second process of th	STARTERS & SALADS	,			VEC MUEAT BYE					Was						Was	MAY - NUT NOT SPECIFIED
The control of the	Fresh homemade soup	•								Yes							BY SUPPLIER
The content part		1					Yes			Yes				Yes	Yes		
and the control of the control fill with displace of the control of the control fill with displace of the control of the control fill with displace of the control of the c						Yes								May	May		
Marie	Garlic & chilli prawns				The Wilest, NIE	1.03				Vac				·viuy	·viuy		
Set protected and the control of the set of the control	Rosemary poached pear				ura											Tes	
Second   S	Staffordshire oatcake filled with duck									Yes			May		Yes		
Long A Burnel for should	Thai tofu spring roll	<b>✓</b>	✓		YES - WHEAT							Ver					
Column   C		1								Yes		res					
THE MARKET OF THE MARKET THE PART OF THE MARKET THE PART OF THE MARKET THE MA	Vitality salad		1														
The section of the se	MAIN COURSES				VEC MILITAT		Var	Va		Va		Voc				Voc	
you go	Penne alla vodka			Yes				res				res					
Mile Althougher desired milet   1948   1949   194	Creole seasoned pork loin steak			Yes				Voc						Voc	Voc	Yes	
The search exhalts	Chilli & lemongrass chicken fillet							Tes						Tes	res	Yes	
Per	Miso glazed lamb rump			Yes	VFS - WHFAT			Vos		Vos					Yes	Vas	
Mary		<b>✓</b>	1	Yes	123- WILEKI			163		163							Yes - ALMONDS
Mary										Yes		Yes				Yes	
weekerdenking	BBQ rubbed staffordshire beef burger																
pieced childreys burger	Panko crispy chicken burger				WHEATGERM					Yes		Yes				Yes	
March on control pige	Spiced chickpea burger	✓	1													Yes	
May	Add on onion rings	✓			YES - WHEAT			May									
The File File Seak  File File File File File File File File	Add on candied jalapenos		✓														
The control residual co	Add on grilled halloumi	✓								Yes							
Company   Comp	8oz fillet steak 8oz sirloin steak																
THE ANNUAL TEST AN	8oz rib eye steak																
Test Wild To September 2015 Test Wild Test Will Test Wild Test Will Te	Chicken club ciabatta				YES - WHEAT					Yes		Yes		May	May		
VisWHAT   Vis.   Vi					YES - WHEAT					Yes		Yes		May	May		
Vestable Wellington   Vestary   Ve	Roast pork loin				YES - WHEAT					Yes							BT SUPPLIER
aded fries with tomator ray & mozzarella  visit with this major rost basion & cheese  aded fries with this major rost basion & cheese  aded fries with this major rost basion & cheese  aded fries with major rost basion & cheese  add fries with major rost	Roast topside of beef						Yes			Yes							
According to the control of the co	Vegetable wellington	✓	✓		YES - WHEAT												
		✓								Yes						Yes	
Triple cooled chips	Loaded fries with maple roast bacon & cheese									Yes							
riple cooked chips  weet potator fries  v v v  meet potator fries  v v v v  meet potator fries  v v v v  meet potator fries  v v v v v  meet potator fries  v v v v v v v v v v v v v v v v v v v	loaded fries rainn chicken, cheese 2 sziracha									Yes			May	May		Yes	
weet potato fries	Triple cooked chips	✓	1														
Jauliflower cheese  Jeer battered onion rings  VES - WHEAT  VES   May   May   May   May   May   May   May - NUT NOT SPECIFIED   Sarlic clabatta  VES - WHEAT   Ves   Ves   Ves   Ves   Ves   Ves   Sarlic clabatta  VES - WHEAT   Ves   Ves   Ves   Ves   Ves   Ves   Ves   Sarlic clabatta  VES - WHEAT   Ves   Ves   Ves   Ves   Ves   Ves   Ves   Subset   Ves   Ves   Ves   Ves   Ves   Ves   Ves   Ves   Subset   Ves   Ves   Ves   Ves   Ves   Ves   Ves   Ves   Ves   SUBSETIAN   Ves   V	Sweet potato fries																
See Pattered onlon rings  YES - WHEAT  YES -	Tenderstem broccoli		1														
VES - WHEAT	Cauliflower cheese				Ver ·····					Yes		Yes					
Sarlic dabatta  Ves	Beer battered onion rings							May									MAY - NUT NOT SPECIEIED
Yes Ves Ves Ves Ves Ves Ves Ves Ves Ves V	Garlic ciabatta				YES - WHEAT					Yes				May	May		
Alle cheese sauce    Ves	Peppercorn sauce																
TYES - WHEAT YES YES YES YES YES YES - HAZELNUTS YES - WHEAT YES YES YES - HAZELNUTS YES - WHEAT YES YES YES - HAZELNUTS YES - WHEAT YES YES - WHEAT YES YES - WHEAT WHE	Diane sauce											Yes				Yes	
TYES - WHEAT YES YES YES YES YES YES - MAY - NUT NOT SPECIFIED BY SUPPLIER Cheese & biscuits - Wes & with a Wes & biscuits - Wes & biscuits - Wes & biscuits - Wes & with a Wes & biscuits - Wes & biscuits - Wes & biscuits - Wes & with a Wes & biscuits - Wes & biscuits - Wes & biscuits - Wes & with a Wes & biscuits - Wes & biscuits - Wes & biscuits - Wes & with a Wes & biscuits - Wes & biscuits - Wes & biscuits - Wes & with a Wes & biscuits - Wes & biscuits - Wes & biscuits - Wes & with a Wes & biscuits - Wes & biscuits - Wes & biscuits - Wes & w	Blue cheese sauce DESSERTS	<b>√</b>		Yes						Yes							
Arrawberry & basil mousse  Arrawberry & basil mo	Smokey - salted caramel brownie	✓			YES - WHEAT		Yes			Yes					Yes		Yes - HAZELNUTS
Chocolate & espresso pannacotta  Yes Yes Yes Yes Yes MAY - NUT NOT SPECIFIED BY SUPPLIER STORY & AND AND THE SPECIFIED BY SUPPLIER STORY & AND THE SPECIFIED BY SUPPLIER BY SUPPLIER STORY & AND THE SPECIFIED BY SUPPLIER	Dark chocolate tiramisu				YES - WHEAT		Yes			Yes							
Active toffee pudding  YES - WHEAT  YES  YES  YES  MAY - NUT NOT SPECIFIED BY SUPPLIER  WAY - NUT NOT SPECIFIED BY SUPPLIER  Cheese & biscuits  MAY - NUT NOT SPECIFIED BY SUPPLIER  Cheese & biscuits  MAY - NUT NOT SPECIFIED BY SUPPLIER  MAY - NUT NOT SPECIFIED BY SUPPLIER  Cheese & biscuits	Strawberry & basil mousse	1	1														Yes - ALMONDS
And the form of the pudding to the second to	Chocolate & espresso pannacotta									Yes							MANY AUTO-CO-CO-CO-CO-CO-CO-CO-CO-CO-CO-CO-CO-CO
Honey & passion fruit cheesecake  YES - WHEAT  YES  YES  YES  MAY - NUT NOT SPECIFED BY SUPPLIER  MAY - NUT NOT SPECIFED BY SUPPLIER  MAY - NUT NOT SPECIFED BY SUPPLIER  WHEAT CERRM, BARLEY,  May  YES  MAY  MAY  MAY  MAY  MAY  MAY  MAY  MA	Sticky toffee pudding	1			YES - WHEAT		Yes			Yes					Yes		
te cream	Honey & passion fruit cheesecake	1			YES - WHEAT		Yes			Yes					Yes		
orbets   May	Ice cream	1											May				
YES - WHEAT, WHEAT CERM, BARLEY, May Yes May May MAY - NUT NOT SPECIFIED MAY -		- 1	1														MAY - NUT NOT SPECIFIED
theese & biscuits  WHEATGERM, BARLEY, May  Way  May  May  May  May  May  May	201 Met 2	•			VEC MAIRE								iviay				
RYE BY SUPPLEX	Cheese & biscuits	1			WHEATGERM, BARLEY,		May			Yes				May	May		
					RYE												DI JOPPLIER

#### childrens menu

#### ALL DAY MENU & SUNDAY MENU

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
STARTERS																
TOMATO SOUP WITH BREAD & BUTTER	✓			YES - WHEAT, RYE					Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
CHEESY GARLIC BREAD	✓			YES - WHEAT					Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
CARROT & CUCUMBER STICKS WITH YOGHURT DIP	✓								Yes					Yes		
MAIN COURSES																
HALF BATTERED COD FILLET				YES - WHEAT			Yes		May							
CHEESE & TOMATO FLATBREAD	<b>✓</b>		Yes	YES - WHEAT												MAY - NUT NOT SPECIFIED BY SUPPLIER
SAUSAGE & MASH				YES - WHEAT										Yes		
SOUTHERN FRIED CHICKEN				YES - WHEAT		May	May		Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
TOMATO PENNE PASTA	1			YES - WHEAT					Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
ROAST PORK LOIN			Yes	YES - WHEAT					Yes							
ROAST TOPSIDE OF BEEF			Yes	YES - WHEAT		Yes			Yes					May	Yes	
DESSERTS																
TWO SCOOPS OF ICE CREAM	✓			MAY - WHEAT		May			Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
CHOCOLATE BROWNIE & ICE CREAM	✓			YES - WHEAT		Yes			Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
FRUIT SALAD WITH BERRY COULIS	✓	<b>~</b>														
WARM CHURROS WITH CHOCOALTE SAUCE	✓			YES - WHEAT		Yes			Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER

## breakfast

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
HOT BREAKFAST																
EGGS BENEDICT				YES - WHEAT		Yes			Yes			May	May	Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
EGGS FLORENTINE	<b>✓</b>			YES - WHEAT		Yes			Yes			May	May	Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
AVOCADO SMASH WITH EGGS	✓			YES - WHEAT, RYE		Yes						May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
AVOCADO SMASH WITH TOMATO	✓	✓		YES - WHEAT, RYE								May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
OATCAKES, BAPS & FILLINGS				KIL.												DI SOITEEN
OATCAKES	✓			YES - WHEAT, OAT					Yes							
BREAKFAST BAP	1	✓		YES - WHEAT, RYE, BARLEY												
CUMBERLAND SAUSAGE				YES - WHEAT										Yes	Yes	
BAKED BEANS	✓	✓														
CHEDDAR CHEESE	1								Yes							
TOMATOES	1	✓														
BACK BACON																
MUSHROOMS	✓															
HASH BROWNS	1	1														
VEGAN CHEESE	✓	✓														
VEGAN SAUSAGE	✓	✓		YES - WHEAT												
FULL ENGLISH BREAKFAST																
CLASSIC FULL ENGLISH				YES - WHEAT, RYE, BARLEY		Yes			Yes			May	May	Yes	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
VEGETARIAN FULL ENGLISH	✓			YES - WHEAT, RYE, BARLEY		Yes			Yes				May	May		
VEGAN FULL ENGLISH	✓	✓		YES - WHEAT, RYE. BARLEY									May	May		
SWEETER PLATES																
BRIOCHE FRENCH TOAST	<b>✓</b>			YES - WHEAT		Yes			Yes							
PANCAKE STACK	✓			YES - WHEAT		Yes			Yes							
CARAMALISED BANANA	✓								Yes							
BACK BACON																
BERRY COMPOTE	✓	✓														
NUTELLA	✓								Yes					Yes		YES - HAZLENUT
CARAMEL SAUCE	✓								Yes							
MAPLE SYRUP	✓	✓														
FRESH BERRIES	✓	✓														
BISCOFF	✓	✓		YES - WHEAT										Yes		

## afternoon tea

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
AFTERNOON TEA																
Staffordshire beef & horseradish on sourdough bread				YES - WHEAT, RYE		Yes			May		Yes		May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Pulled gammon hock with english mustard on ciabatta				YES - WHEAT		Yes			May		Yes		May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Lightly pickled cucumber & cream cheese on sourdough bread	✓			YES - WHEAT, RYE					Yes				May		Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Creamy brie & roasted red pepper on ciabatta	1			YES - WHEAT					Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Stafforshire oatcake with cheese	✓			YES - WHEAT, OAT					Yes							
Cherry scones	✓			YES - WHEAT		Yes			Yes							
Clotted cream	✓								Yes							
Fruit preserve	✓	✓														
Lemon meringue tart	✓			YES - WHEAT		Yes			Yes						Yes	
Classic victoria sponge	✓			YES - WHEAT		Yes			Yes							
Blackberry mousse with sweet coconut voghurt & berries	✓															
VEGETARIAN AFTERNOON TEA		ı		YES - WHEAT,												MAY - NUT NOT SPECIFIED
Sliced beef tomato & grated cheddar on sourdough	<b>✓</b>			RYE					Yes				May			BY SUPPLIER
Sweet potato falafel & minted yoghurt on ciabatta	✓			YES - WHEAT					Yes				May	May		MAY - NUT NOT SPECIFIED  BY SUPPLIER
Lightly pickled cucumber & cream cheese on sourdough bread	✓			YES - WHEAT, RYE					Yes				May		Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Houmous & roasted red pepper on ciabatta	✓	✓		YES - WHEAT									Yes	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Staffordshire oatcake with cheese	✓			YES - WHEAT, OAT					Yes							
Cherry scones	✓			YES - WHEAT		Yes			Yes							
Clotted cream	✓								Yes							
Fruit preserve	✓	✓														
Lemon meringue tart	✓			YES - WHEAT		Yes			Yes						Yes	
Classic victoria sponge	✓			YES - WHEAT		Yes			Yes							
Blackberry mousse with sweet coconut	✓															
VEGAN AFTERNOON TEA Sliced beef tomato & vegan grated cheddar				YES - WHEAT,												MAY - NUT NOT SPECIFIED
on sourdough Sweet potato falafel & minted yoghurt on	✓	✓		RYE									May			BY SUPPLIER MAY - NUT NOT SPECIFIED
ciabatta	✓	✓		YES - WHEAT									May	May		BY SUPPLIER
Lightly pickled cucumber & vegan cream cheese on sourdough bread	✓	✓		RYE									May		Yes	MAY - NUT NOT SPECIFIED  BY SUPPLIER
Houmous & roasted red pepper on ciabatta	✓	✓		YES - WHEAT									Yes	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Staffordshire oatcake with vegan cheese	✓	✓		YES - WHEAT, OAT												
Cherry scones	✓	✓		YES - WHEAT										Yes		
Whipped vegan cream	✓	✓														
Fruit preserve	✓	✓														
Raspberry jam bakewell tart	✓	✓		YES - WHEAT								May		Yes		YES - ALMONDS
Vegan chocolate brownie	✓	✓		YES - WHEAT										Yes		
Blackberry mousse with sweet coconut yoghurt & berries	✓	✓														

## roast dinner tapas

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
ROAST DINNER TAPAS																
Beef in mini yorkshire pudding				YES - WHEAT		Yes			Yes							
Mini vegetable wellington	✓	✓		YES - WHEAT												
Pigs in blankets				YES - WHEAT										Yes	Yes	
Roast potatoes	✓	✓														
Mashed Potato	✓								Yes							
Cauliflower cheese	✓								Yes		Yes					
Honey roast carrot & parsnips	✓															
Stuffing balls	✓	✓		YES - WHEAT												
Rich beef gravy																
Vegetable gravy	✓	✓														
Red cabbage	✓	✓													Yes	
Mini yorkshire pudding	✓			YES - WHEAT		Yes			Yes							

## grazing board

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
GRAZING BOARDS																
Garlic ciabatta sticks	<b>✓</b>			YES - WHEAT					May				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Mixed olives	✓	✓														MAY - NUT NOT SPECIFIED BY SUPPLIER
Roasted balsamic figs	<b>✓</b>	✓													Yes	
Honey roast ham																
Sliced smoky chorizo									May					May		
Grapes	<b>&gt;</b>	✓														
Creamy brie	<b>~</b>								Yes							
Cucumber sticks	<b>✓</b>	✓														
Houmous	✓	<b>★</b>											Yes			
Red onion chutney	✓	✓														
Mixed crackers	<b>*</b>			YES - WHEAT, WHEATGERM, BARLEY, RYE		May			Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER

## wedding breakfast

Vegetarians Vegans Celery Containing Crustaceans eggs Fish Lupin Milk Molluscs Mustara Peanus Sesame Soyleans Sulphites  STARTERS  Petit Pain & Butter Yes May  Homemade Soup  Classic Prawn Cocktail Yes WES - WHEAT, Yes Yes Yes Yes Yes Yes Yes Yes Yes Sulphites  Salifaed Mushrooms		Cuitable for	Suitable for		Cereals										I	Sulphur	
Petro Pain & Butter		Suitable for Vegetarians		Celery		Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans		Nuts
Promoted Stapp  V V Yes  Classic Prem Cocksail  Classic Prem Cocksail  Classic Prem Cocksail  Classic Prem Cocksail  Ves  Ves  Ves  Ves  Ves  Ves  Ves  Ve	STARTERS																
Cassic Prown Cocital  TS: WHEAT, Yes Ves	Petit Pain & Butter	✓		Yes	YES - WHEAT					Yes				May			
Catalogue Private Contacts  Selected Marketonons  V VS VES - WHEAT  Ves	Homemade Soup	✓	✓	Yes													
Sexteed Mucharooms    VIS - WHEAT   Ves	Classsic Prawn Cocktail					Yes	Yes					Yes			Yes	Yes	
Salded Anabracoms  Ves. WHIAT  Bailed Goats Croquette  Ves. Ves. WHIAT  Somoder Adabaral Patte  Ves. Ves. Whiat  Ves. Ves. Whiat  Ves. Ves. Why  Ves. Why	Beetroot Carpaccio	✓	✓													Yes	
Bailed Grast Chesice Tart  Cualiflower Fritters  YES - WHEAT  YES - WH	Sauteed Mushrooms	✓			YES - WHEAT		Yes			Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Caudiflower Fritters  YES - WHEAT Smoked Makeral Pate  WES - WHEAT Smoked Makeral Pate  WES - WHEAT Smoked Makeral Pate  Wes Wes Wes May May May Wes May May Ves  May May Ves  Ves  Ves  Ves  Ves  Ves  Ves  Ves	Beef & Potato Croquette			Yes	YES - WHEAT												
Smoked Makeral Pate    YES - WHEAT,   Yes   Yes   May   May   May   May   Yes	Baked Goats Cheese Tart	✓															
AND COURSE  Garlic grilled chicken fillet with seest potato cross, garlic caren sauce  Ves  Ves  Ves  Ves  Ves  Ves  Ves  V	Cauliflower Fritters	✓	✓														
Garlic grilled chicken fillet with sweet potato rosts, green beans & garlic creen sauce  Ves  Ves  Ves  Ves  Ves  Ves  Ves  V								Yes		Yes		May		May	May	Yes	
rost, green beans & parlic crasm sauce  Chargifiled beef steak with triple cooked chulter of the particular of the parti																	
chips, rosated carrots, broccoll & garlic butter  Pan seared cod loin with sauteed new potatoes, grilled green beans, cream tomato sauce  Grilled profit coin steak with reamed potatoes, grilled green beans, cream tomato sauce  Grilled profit coin steak with reamed potatoes, grait cauteed green sauce  Yes YES-WHEAT  Yes Yes Yes Yes Yes Yes Supplied Green Supplied Green Supplied Grilled sirrots against a grait cauteed green supplied Grilled sirrots against grait of an and the supplied Green Supplied Supplied Supplied Supplied Green Supplied Supplied Green S				Yes			Yes			Yes							
potatose, grilled green beans, cream tomato suice Grilled pork loin steak with creamed potatose, roasted broccoli, diane sauce Butternut squark paliatelie with spinach, toasted pine nuts, garlic & lemon pesto Pan seared chicken supreme with dauphinoise potatose, garlic sauteed greens, wholegrain mustard jus Herb crusted salmon fillet with potato & spinach grian potatose, sparlic sauteed greens, wholegrain mustard jus Slow braised beef with creamed potatoes, baby onions, roasted carrots, yorkshire pudding & beef gravy Pork tenderion with crispy parmenier potatoes, broccoli, applie crisp, applie dier jus Sweet potato gnocchi with roasted red peppers, spinach, garlic, cathyme pesto Pan seared rosemary rack of flamb with duckes potatose, spanish, garlic, of thyme pesto Pan seared rosemary rack of flamb with duckes potatose, spinach, garlic, cathyme pesto Pan seared rosemary rack of flamb with duckes potatose, carmalised carrots, thyme, are divine jus Seared seabass fillet with her br crusted new potatose, susked samphire, mussed cream Grilled sirloin steak with garlic sauteed new Grilled sirloin steak with garlic sauteed new Grilled sirloin steak with garlic sauteed new	chips, roasted carrots, broccoli & garlic			Yes						Yes							
Grilled por'k loin steak with creamed potatoes, roasted brocoil, diane sauce Butternut squark flagilatelle with spinch, toasted pine nuts, garlice. It emon pesto Pan seared chicken supreme with dauphinoise potatoes, garlic sudteed greens, wholegrain mustard jus Herb crusted salmon fillet with potato & spinch grind, roasted bean & chorizor ragu  Slow braised beef with creamed potatoes, baby onlons, roasted carrots, vorkshire pudding & beef gravy  Pork tenderloin with crispy parmenier potatoes, brocoil, apple crisp, apple def jus  Sweet potato gnocchi with roasted red peppers, spinach, garlic & thyme pesto Pan seared rosemary rack of lamb with duches potatoes, caramalised carrots, thyme & red wine jus  Seared seabass fillet with berb crusted new Grilled sirioin steak with garlic sauteed new  Grilled sirioin steak with garlic sauteed new  Grilled sirioin steak with garlic sauteed new  Tes VES - WHEAT  Yes VES - WHEAT  Yes VES - WHEAT  Yes	potatoes, grilled green beans, cream tomato			Yes				Yes		Yes							
Butternut squash tagilatelle with spinach, toasted pine nuts, garlick (emon pesto Pan seared folken supreme with dauphinoise potatoes, garlic sauteed greens, wholegrain mustard jus Herb crusted salmon fillet with potato & spinach graftin, roasted bean & chorizo ragu  Yes Yes WES - WHEAT Yes Yes  Way	Grilled pork loin steak with creamed			Yes	YES - WHEAT					Yes		Yes				Yes	
Pan seared chicken supreme with dauphinoise potatoes, garlic sauteed greens, wholegrain mustard jus  Herb crusted salmon fillet with potato & spinach gratin, roasted bean & chorizo ragu  Slow braised beef with creamed potatoes, baby onions, roasted carrots, yorkshire pudding & beef gravy  Pork tenderloin with crispy parmenier potatoes, broccoll, apple crisp, apple cider jus  Sweet potato gnocchi with roasted red peoppers, spinach, garlic & thyme pesto  Pan seared rosemary rack of lamb with duches potatoes, caramalised carrots, thyme & red wine jus  Seared seabass fillet with herb crusted new potatoes, austred samphire, mussel cream  Grilled sirloin steak with garlic sauteed new  Grilled sirloin steak with garlic sauteed new	Butternut squash tagliatelle with spinach,	✓	✓	Yes	YES - WHEAT											Yes	
Herb crusted salmon fillet with potato & spinach gratin, roasted bean & chorizo ragu  Slow braised beef with creamed potatoes, baby onions, roasted carrots, yorkshire pudding & beef gravy  Pork tenderloin with crispy parmenier potatoes, broccoli, apple crisp, apple cider jus  Sweet potato gnocchi with roasted red peppers, spinach, garlic & thyme pesto  Pan seared rosemary rack of lamb with duchess potatoes, caramalised carrots, thyme & red wine jus  Seared seabass fillet with herb crusted new potatoes, sauteed samphire, mussel cream  Grilled sirloin steak with garlic sauteed new  Grilled sirloin steak with garlic sauteed new	Pan seared chicken supreme with dauphinoise potatoes, garlic sauteed greens,			Yes						Yes		Yes					
baby onions, roasted carrots, yorkshire pudding & beef gravy  Pork tenderloin with crispy parmenier potatoes, broccoli, apple crisp, apple cider jus  Sweet potato gnocchi with roasted red peppers, spinach, garlic & thyme pesto  Pan seared rosemary rack of lamb with duches potatoes, caramalised carrots, thyme & red wine jus  Seared seabass fillet with herb crusted new potatoes, sauteed samphire, mussel cream  Grilled sirloin steak with garlic sauteed new  Tes VES - WHEAT  Yes  Yes  Yes  Yes  Yes  Yes  Yes  Ye	Herb crusted salmon fillet with potato &			Yes	YES - WHEAT			Yes		Yes					May	Yes	
potatoes, broccoli, apple crisp, apple crisp	baby onions, roasted carrots, yorkshire			Yes	YES - WHEAT		Yes			Yes						Yes	
peppers, spinach, garlic & thyme pesto  Pan seared rosemary rack of lamb with duchess potatoes, caramalised carrots, thyme & red wine jus  Seared seabass fillet with herb crusted new potatoes, sauteed samphire, mussel cream  Grilled sirloin steak with garlic sauteed new	Pork tenderloin with crispy parmenier potatoes, broccoli, apple crisp, apple cider			Yes												Yes	
duchess potatoes, caramalised carrots, thyme & red wine jus  Seared seabass fillet with herb crusted new potatoes, sauteed samphire, mussel cream  Grilled sirloin steak with garlic sauteed new		✓	✓	Yes	YES - WHEAT											Yes	
potatoes, sauteed samphire, mussel cream  Grilled sirloin steak with garlic sauteed new	duchess potatoes, caramalised carrots,			Yes			Yes			Yes						Yes	
				Yes	YES - WHEAT			Yes		Yes	Yes						
peppercorn sauce	potatoes, calvelo nero cabbage, brandy			Yes						Yes						Yes	
Beef short rib with a mustard crumb, thyme braised fondant potato, tenderstem broccoli, rich beef jus	braised fondant potato, tenderstem			Yes	YES - WHEAT					Yes						Yes	
Wild mushroom risotto with grilled asparagus, pea shoots	asparagus, pea shoots	1	✓	Yes													
HOST A ROAST Roast topside of beef																	
Roast loin of pork																	
Yorkshire pudding YES - WHEAT Yes Yes	Yorkshire pudding				YES - WHEAT		Yes			Yes							
Horseradish Yes Yes Yes							Yes										
English mustard Yes YES - WHEAT Yes					YES - WHEAT							Yes					
Red wine gravy  Sage & onion stuffing  YES - WHEAT					VEC MUSELE											Yes	
Sage & onion stuffing  YES - WHEAT  Pork crackling		▼	•		YES - WHEAT												
Apple puree Yes		1	1													Yes	
Calvados apple brandy gravy  Yes																	
Herb roasted potatoes																	
Cauliflower cheese gratin Yes Yes		1					Yes			Yes							
Seasonal panache of vegetables Formula Bar		1	✓					Formu	la Bar								
Creamed mash potatoes   Yes		1								Yes							
Pigs in blankets YES - WHEAT Yes Yes	Pigs in blankets				YES - WHEAT										Yes	Yes	

## wedding breakfast

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
DESSERTS																
Rich chocolate brownie with chocolate																MAY - NUT NOT SPECIFIED
sauce, vanilla bean ice cream, Baileys	✓			YES - WHEAT		Yes			Yes			May				BY SUPPLIER
chantilly cream																BI SUPPLIER
Homemade sticky toffee pudding with toffee	1			YES - WHEAT		Yes			Yes					Yes		MAY - NUT NOT SPECIFIED
sauce, crème anglais	•			TES - WHEAT		res			res					res		BY SUPPLIER
Lemon curd tart with macserated	1			YES - WHEAT												
raspberries, berry coulis, lemon sorbet	•			YES - WHEAT		Yes			Yes						Yes	
Seasonal berry pavlova with fresh berries,																
coulis, chantilly cream	✓					Yes			Yes						Yes	
Vanilla crème brulee with lemon shortbread,																
fresh berries	✓			YES - WHEAT		Yes			Yes							
Baked cherry cheesecake with dark																
chocolate crumb, cherry sorbet	✓			YES - WHEAT		Yes			Yes					May		
CHILDREN'S MENU																
Tomato soup, warm bread and butter	✓			YES - WHEAT					Yes				May	May		
Loaded potato skins with bacon & cheese									Yes							
Garlic bread with cheese	✓			YES - WHEAT					Yes				May			
Crudites. Carrot & cucumber sticks with																
houmous	✓	✓											Yes			
Crispy chicken dippers with vegetables &																
fries				YES - WHEAT												
iries																
Tomato penne pasta with garlic bread	✓			YES - WHEAT					Yes				May			
Battered fish fingers with peas & fries				YES - WHEAT			Yes									
Sausage & mash with peas & gravy				YES - WHEAT					Yes		Yes		May			
							Formu	la Par								MAY - NUT NOT SPECIFIED
Sticky toffee pudding with toffee sauce	✓			YES - WHEAT		Yes	FOITIL	lia bai	Yes					Yes		BY SUPPLIER
																MAY - NUT NOT SPECIFIED
Chocolate brownie with chocolate sauce	✓			YES - WHEAT		Yes			Yes			May				
																BY SUPPLIER
Trio of ice cream	✓															
Mini antonomialo de millo antonomia																
Mini eaton mess with chantilly cream, berry	✓															
coulis																
PETIT FOURS																VEC HARIENUE
Mixed Macaroons						Yes			Yes					Yes		YES - HAZLENUT,
																PISTACHIO, ALMOND
Mixed truffles	✓			YES - WHEAT					Yes					Yes		

## wedding buffet

	able for starians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
Southern fried chicken with borb garlic																
mayonnaise				YES - WHEAT		Yes										
Filo wrapped prawns with sweet chilli sauce				YES - WHEAT	Yes	May	May		May	May				May	May	
Mini cheeseburger in a brioche bun with smokey tomato ketchup				YES - WHEAT		Yes			Yes		Yes					
	✓			YES - WHEAT					Yes						Yes	
	<b>✓</b>	✓														
Mini cottage pie in a pastry case			Yes	YES - WHEAT					Yes							
Beef meatballs with tomato jam & shaved						Yes			Yes						Yes	
parmesan  Mini duck oatcake with hoisin sauce				YES - WHEAT					Yes			May		Yes		MAY - NUT NOT SPECIFIED
Mini cod bites with pea puree on a chorizo				TES WILLY								····ay				BY SUPPLIER
crisp	,						Yes		Yes					May		
Onion bhaji with mango chutney	✓	✓		YES - WHEAT												
Pork belly bites with apple chutney															Yes	
Pulled beef in a mini yorkshire pudding with horseradish cream				YES - WHEAT		Yes			Yes		Yes				Yes	
BRITISH BUFFET  Cottage pie in a shortcrust pastry case			Yes	YES - WHEAT		Yes			Yes							
Chunky fish fingers with homemade tartar			res	YES - WHEAT		Yes	Yes		res		Yes				Yes	
sauce Chargrilled pork loin steak with apple sauce	+			100 011011		100	100								Yes	
	<b>✓</b>														res	
·																
	<b>√</b>															
	✓															
Cabbage & red onion coleslaw  INDIAN BUFFET	✓					Yes					Yes					
	<b>√</b>		Yes						Yes							YES - NUT NOT SPECIFIED BY SUPPLIER
Butter chicken			Yes						Yes						Yes	BT SUPPLIER
Aloo gobi	<b>✓</b>		Yes												Yes	YES - NUT NOT SPECIFIED
Mini naan breads	<b>✓</b>			YES - WHEAT												BY SUPPLIER
Jasmine coconut rice	<b>✓</b>															
	<b>✓</b>		Yes						Yes							
	<b>✓</b>															
	<b>✓</b>								Yes						Yes	
BBQ BUFFET									163						163	
Slow cooked bbq chicken wings																
Hickory smoked pork ribs			Yes													
Hot dogs with fried onions				YES - WHEAT		May			Yes					May		
6oz beef burger with cheese			Yes	YES - WHEAT, RYE,									May			
Chargrilled vegetable skewers	<b>✓</b>			WHEATGERM											Yes	
	1															
	<b>✓</b>															
Triple cooked chips			i l								Yes					
Triple cooked chips  Garden salad	1					Voc					res					
Triple cooked chips  Garden salad	<b>√</b>					Yes										
Triple cooked chips  Garden salad  Coleslaw	<b>√</b>		Yes	YES - WHEAT		Yes Yes			Yes		May			May		
Triple cooked chips  Garden salad  Coleslaw  ITALIAN BUFFET  Rich beef lasagne Chicken & green pesto salad			Yes			Yes			Yes		May			May	Yes	
Triple cooked chips  Garden salad  Coleslaw  ITALIAN BUFFET  Rich beef lasagne Chicken & green pesto salad  Garlic & herb focaccia	<b>√</b>			YES - WHEAT		Yes Yes			Yes Yes					May	Yes	
Triple cooked chips  Garden salad  Coleslaw  ITALIAN BUFFET  Rich beef lasagne Chicken & green pesto salad  Garlic & herb focaccia Herb crusted macaroni cheese			Yes Yes	YES - WHEAT YES - WHEAT		Yes Yes Yes			Yes Yes Yes		May Yes			May		
Triple cooked chips  Garden salad  Coleslaw  TALIAN BUFFET  Rich beef lasagne Chicken & green pesto salad  Garlic & herb focaccia  Herb crusted macaroni cheese Crispy parmesan chicken	<b>√</b>			YES - WHEAT		Yes Yes			Yes Yes					May	Yes Yes Yes	

## wedding buffet

		1			1	<u> </u>			1	•						
	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide &	Nuts
HOT ROAST BAPS															Sulphites	
Roast pork loin																
Roast chicken breast																
Sage & onion stuffing	✓	✓	Yes	YES - WHEAT												
Baps	<b>✓</b>	1		YES - WHEAT, RYE,									May			
Apple sauce	✓	1		WHEATGERM												
Potato salad	<b>✓</b>					Yes			Yes		Yes					
Pasta salad	1	✓	Yes	YES - WHEAT											Yes	
Coleslaw	1					Yes					Yes					
Potato wedges	1	1														
SPANISH BUFFET																
Slow cooked smoked parika chicken																
Red wine braised chorizo sausage									Yes					May	Yes	
Lemon roast artichokes & mediterranean veg	✓														Yes	
Potato & spinach tortilla	✓					Yes			Yes							
Crispy calamari with harissa mayo				YES - WHEAT		Yes			Yes	Yes	Yes					
Patatas bravas	✓														Yes	
Ensalada salad	✓															
GERMAN BUFFET																
Slow roasted pork with braised red cabbage			Yes												Yes	
Braised red wine lamb shank			Yes												Yes	<u> </u>
Bratwurst sausage with saurkraut			Yes						Yes		Yes				Yes	
Kartoffelpuffer potatoes with apple sauce	✓			YES - WHEAT		Yes										
Bratkartoffeln with bacon									Yes							
Mushroom & goats cheese strudel	✓			YES - WHEAT		Yes			Yes							
Krautsalat	✓															
MEXICAN BUFFET			Vac													
Rich beef chilli	<b>√</b>		Yes													
Spiced bean chilli	<b>→</b>		Yes													
Lime & coriander rice	<b>→</b>														Yes	
Tortilla chips														May		
Salsa	<b>√</b>															
Soured cream	<b>√</b>								Yes							1
Guacamole	✓								Yes							1
Spiced chicken quesadilla			Yes	YES - WHEAT												-
Spicy vegetable quesadilla  SOMETHING SAVOURY - CHEESE TOWER	✓		Yes	YES - WHEAT												
Cheddar cheese	1								Yes							
Blue stilton	1								Yes							
Brie	1								Yes							
Yarg	·								Yes							
Red Leciester	<b>→</b>								Yes							
	<b>→</b>	1							163							
Grapes	<b>→</b>	<b>*</b>	V													
Celery	<b>→</b>	<b>→</b>	Yes												u.	
Red onion chutney		•		YES - WHEAT, WHEATGERM,											Yes	MAY - NUT NOT SPECIFIED
Crackers  SOMETHING SWEET - BROWNIE TOWER	✓			BARLEY, RYE		May			Yes				May	May		BY SUPPLIER
Chocolate brownie	✓			YES - WHEAT		Yes			Yes			May				MAY - NUT NOT SPECIFIED BY SUPPLIER
																BY SUPPLIER

## private party menu

	Suitable for Vegetarians		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
VENUE PRIVATE PARTY																
STARTERS																
Homemade soup with petit pain	✓			YES - WHEAT					Yes				May			
Sauteed mushrooms on brioche	1			YES - WHEAT		Yes			Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Baked goats cheese tart	✓			YES - WHEAT		Yes			Yes							
Chicken liver parfait				YES - WHEAT		Yes			Yes		May				Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Garlic & aubergine caviar	✓	✓		YES - WHEAT, RYE									May			MAY - NUT NOT SPECIFIED BY SUPPLIER
MAIN COURSES				2												2,2271 8/8/1
Roast chicken fillet			Yes						Yes							
Chargrilled pork loin steak			Yes						Yes		Yes					
Herb crusted salmon fillet				YES - WHEAT			Yes		Yes						Yes	
Slow braised beef			Yes						Yes							
Sweet potato gnocchi	✓	✓	Yes	YES - WHEAT											Yes	
DESSERTS																
Chocolate brownie	✓			YES - WHEAT		Yes			Yes							MAY - NUT NOT SPECIFIED BY SUPPLIER
Sticky toffee pudding	✓			YES - WHEAT		Yes			Yes							
Berry Pavlova	✓								Yes						Yes	
Cherry cheesecake	✓			YES - WHEAT		Yes			Yes					Yes		
Raspberry bakewell	✓	✓		YES - WHEAT								May		Yes		YES - ALMONDS

# corporate meetings

										_						
	Suitable for Vegetarians		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide &	Nuts
	vegetarians	vegans													Sulphites	
CORPORATE LUNCH																
CIABATTA ROLLS																
Steak & onion with garlic mayonnaise				YES - WHEAT, RYE		Yes					Yes		May	May	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Cajun chicken with lemon & garlic mayonnaise				YES - WHEAT, RYE		Yes			Yes		Yes		May	May	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Falafel & vegan cajun mayonnaise	✓	1		YES - WHEAT, RYE									May	May	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
DESSERTS																
Triple chocolate brownie	✓			YES - WHEAT		Yes			Yes			May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Sticky toffee pudding	1			YES - WHEAT		Yes			Yes					Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
Brioche bread & butter pudding	✓			YES - WHEAT		Yes			Yes							MAY - NUT NOT SPECIFIED BY SUPPLIER
Chocolate fondant	✓			YES - WHEAT		Yes			Yes			May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Raspberry & toasted walnut parfait	✓			YES - WHEAT		Yes			Yes						Yes	YES - WALNUTS
White chocolate & vanilla cheesecake	✓			YES - WHEAT		Yes			Yes					Yes		
Ice cream selection	✓											May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Sorbet	✓	✓										May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Cheese & biscuits	1			YES - WHEAT, WHEATGERM, BARLEY, RYE		May			Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER

#### deli menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
DEU FOOD																
Oatcake with tomato & cheese	✓			YES - WHEAT, OAT					Yes							
Oatcake with sausage & cheese Oatcake with bacon & cheese				YES - WHEAT, OAT YES - WHEAT, OAT					Yes Yes					Yes	Yes	
Nachos, sour cream, guacamole & salsa	✓			123 WILLIAM					Yes							
Nachos, pulled chicken & sour cream	,								Yes							
Cheese & onion toastie Cheese & ham toastie	✓			YES - WHEAT YES - WHEAT										Yes Yes		
Cheese & Hain Coastie														163		MAY - NUT
Bagel with peanut butter & banana	✓			YES - WHEAT, BARLEY								Yes	May			NOT SPECIFIED BY SUPPLIER
Bagel with cream cheese & rocket	✓			YES - WHEAT, BARLEY					Yes				May			
Bagel with avocado & sundried tomato	✓	✓		YES - WHEAT, BARLEY									May			
Bagel with nutella & strawberries	✓			YES - WHEAT, BARLEY					Yes				May	Yes		Yes, HAZLENUT
Panini with halloumi & sweet chilli	✓			YES - WHEAT					Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Panini with BBQ pulled chicken				YES - WHEAT									May			
Panini with tuna	,			YES - WHEAT			Yes		Yes				May			
Waffles	<b>√</b>			YES - WHEAT		Yes			May					Yes		
Banana	✓	<b>✓</b>														
Strawberries	✓	✓														
Bacon	✓	<b>✓</b>														
Maple syrup	<b>→</b>								Yes							
Clotted cream																YES -
Nutella	✓								Yes					Yes		HAZLENUT
Scones	✓			YES - WHEAT		Yes			Yes							
Strawberry jam	✓	✓														
Butter	✓								Yes							
Berry compote	✓	✓														
Meze Board	✓	1		YES - WHEAT												
Pitta bread	<b>✓</b>			YES - WHEAT					May							
Grapes	▼	✓														NANY NUIT
Olives	✓	<b>✓</b>														MAY - NUT NOT SPECIFIED BY SUPPLIER
Rocket	✓	1														
Balsamic glaze	1	1													Yes	
Sundried tomatoes	1	1													Yes	
Cucumber	1	1														
Houmous	√ ·								Yes				Yes			
Vegetable crisps	1	1														
Halloumi	√ ·								Yes							
Avocado	·	1														
Ham																
<u>Cheeseboard</u>																
Blue stilton	✓								Yes							
Mature cheddar	✓								Yes							
Brie	✓								Yes							
	1			YES - WHEAT, WHEATGERM,		May			Yes				May	May		MAY - NUT NOT SPECIFIED
Crackers	.1			BARLEY, RYE					V							BY SUPPLIER
Butter	<b>√</b>								Yes							$\vdash$
Grapes		<b>√</b>														$\vdash$
Red onion chutney	✓	✓														$\vdash$
Cake of the day with clotted cream	✓			YES - WHEAT		Yes			Yes							
Granola pot, yoghurt & berry compote	✓			YES - OATFLAKES					Yes					May		YES - ALMONDS
Toasted tea cake with butter	✓			YES - WHEAT					Yes				May			
Guacamole	✓	1														
Olive oil	✓	1														
Focaccia	1	1		YES - WHEAT										Yes		
								L	<u> </u>			I				

#### made wellness centre

	Suitable for	Suitable for	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide &	Nuts
BRUNCH	Vegetarians	Vegans													Sulphites	
PURPLE SMOOTHIE BOWL	1	1	Yes									Yes	Yes	Yes	Yes	YES, ALMOND
BLUE SMOOTHIE BOWL	<u> </u>	1										May	Yes	Yes	103	MAY - NUT NOT SPECIFIED
	· ·	<i>'</i>	Vac	VEC MULEAT											Vaa	BY SUPPLIER
VEGAN PANCAKES WITH BACON			Yes	YES, WHEAT								Yes	Yes	Yes	Yes	
VEGAN PANCAKES WITH BERRIES	<b>√</b>	<b>√</b>	Yes	YES, WHEAT								May	May	Yes		
TOAST WITH AVOCADO & TOMATO	<b>√</b>	<b>√</b>		YES, WHEAT, RYE, BARLEY								Yes	Yes	Yes		
TOAST WITH ZERO EGG & MUSHROOMS	<u>√</u>	✓		YES, WHEAT, RYE, BARLEY							Yes	May	Yes	Yes		MAY - NUT NOT SPECIFIED
LOADED SAUSAGE BAGEL	✓	✓		YES, WHEAT								May	Yes	Yes		BY SUPPLIER
LAYERED CHICK PEA SALAD JAR	✓	✓	Yes	YES, WHEAT										Yes	Yes	YES, CASHEW
SNACKS																
OAT BITES	<u> </u>	<b>√</b>		YES, WHEAT								Yes		Yes	Yes	YES, ALMONDS
SNICKER BITES	<b>√</b>	✓										Yes		Yes	Yes	
PEANUT BUTTER CUPS	✓	✓										Yes		Yes		
SMOOTHIES	1	<b>√</b>										Ver	W	V		YES, ALMOND
BERRY		· ·		MAY - GLUTEN NOT								Yes	Yes	Yes		
GREEN	<u> </u>			SPECIFIED BY SUPPLIER								May	May	Yes		YES, ALMOND MAY - NUT NOT SPECIFIED
TROPICAL	<u>√</u>	✓	Yes											Yes	Yes	BY SUPPLIER  MAY - NUT NOT SPECIFIED
VANILLA	✓	✓										May	May	Yes		BY SUPPLIER
JUICES FIERY GREENS	1	1										May	May			
		<b>∀</b>										May				
ORANGE GLOW	<b>√</b>											May	May			
TROPICAL GREENS	<b>√</b>	<b>√</b>										May	May			
BLUE SKY	✓	✓										May	May			
BOOSTERS	1	1														
IMMUNITY	<b>→</b>	<b>∀</b>										May	May			
ENERGY HOT DRINKS	•	<b>V</b>										May	May			
TEA PIGS TEA	1	1										May	May			
RINGTONS TEA	1	1										May	May			
ESPRESSO	·	·														
	·	· ·										May	May			
AMERICANO												May	May			
FLAT WHITE	✓	<b>√</b>										May	May			
CAPPUCINO	✓	✓										May	May			
LATTE	✓	<b>√</b>										May	May			
SPECIALIST LATTE	✓	✓										May	May			
RAW HOT CHOCOLATE	✓	✓										May	May			
MILKS ALMOND MILK	1	1		MAY - GLUTEN NOT												VPC
				SPECIFIED BY SUPPLIER								May	May			YES, ALMONDS  MAY - NUT NOT SPECIFIED
OAT MILK	<b>√</b>	✓		YES, OAT  MAY - GLUTEN NOT								May	May			BY SUPPLIER MAY - NUT NOT SPECIFIED
SOYA MILK	✓	✓		SPECIFIED BY SUPPLIER								May	May	Yes		BY SUPPLIER MAY - NUT NOT SPECIFIED
COCONUT MILK	✓	✓										May	May			BY SUPPLIER
SYRUPS The groovy food company agave nectar rich																
& dark The groovy food company agave nectar	✓	<b>√</b>										May	May			
light amber & mild	✓	<b>√</b>										May	May			
Sweet freedom choc shot	✓	✓										May	May			
Sweet freedom choc shot winter spice	✓	✓										May	May			<u> </u>
Sweet freedom cinnamon syrup	✓	✓										May	May			
Sweet freedom caramel syrup	✓	✓										May	May			
Biona organic maple agave syrup	✓	✓										May	May			
SPECIAL LATTE - ALCHEMY																
Kaytea	<b>√</b>	<b>√</b>										May	May			
Perfect Ted	✓	✓										May	May	L		

#### condiments

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
CONDIMENTS																
KETCHUP	✓	✓	YES								YES					
BROWN SAUCE	✓	✓		YES - WHEAT, RYE												
MAYONNAISE	✓					YES					YES					
VEGAN MAYONNAISE	✓	✓														
BBQ SAUCE	✓	✓														
HORSERADISH	✓					YES					YES				YES	
WHOLEGRAIN MUSTARD	✓	✓									YES					
APPLE SAUCE	✓	✓														
ENGLISH MUSTARD	✓	✓		YES - WHEAT							YES					
FRENCH MUSTARD	✓	✓		YES - WHEAT							YES					
DIJON MUSTARD	✓	✓									YES				YES	
SRIRACHA SAUCE	✓	✓										May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	
SIGNATURE COCKTAILS																
ROSE MALÉSANGRIA	✓	✓													✓	
KIWI CUCUMBER COOLER	✓	✓														
STRAWBERRY DREAM	✓	✓														
BLUSH NOON	✓	✓													✓	
NELSON'S CARIBBEAN	✓	✓													<b>*</b>	
CLASSIC COCKTAILS																
SINGAPORE SLING	✓	✓													✓	
BANANA COLADA	✓	✓														
PORNSTAR MARTINI	✓	✓													✓	
HUGO SPRITZ	✓	✓													✓	
COSMOPOLITAN	✓	✓														
PASSIONFRUIT PALOMA	✓	1														
SIGNATURE MOCKTAILS																
STRAWBERRY LEMONADE	✓	✓														
APPLE & ELDERFLOWER NOJITO	✓	✓														
WATERMELON BREEZE	✓	✓														
PINEAPPLE PUNCH	✓	✓														
SPIRITS & LIQUEURS																
VODKA																
ABSOLUT	✓	✓														
GREY GOOSE	✓	✓														
WEETWOOD	✓	✓														
GIN																
GORDON'S	✓	✓														
TANQUERAY	✓	✓														
HENDRICK'S	✓	✓														
WEETWOOD RASPBERRY	✓	✓														
WEETWOOD MARMALADE	✓	✓														
WARNER'S RHUBARB	✓	✓														
NELSON'S LONDON DRY NO.7	✓	✓														
NELSONS RHUBARB & CUSTARD	✓	✓														
TANQUERAY NON-ALCOHOLIC	✓	✓														

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
RUM																
CAPTAIN MORGAN	✓	1														
MOUNT GAY ECLIPSE	✓	1														
BACARDI	✓	1														
MALIBU																
NELSON'S ROASTED PINEAPPLE	✓	✓														
BRANDY																
MARTELL VS	✓	✓														
MARTELL VSOP	✓	✓														
MARTELL XO	✓	1														
WHISKEY																
JOHNNIE WALKER RED LABEL	✓	✓														
JOHNNIE WALKER BLACK LABEL	✓	✓														
JAMESON IRISH	✓	✓														
JACK DANIEL'S	✓	<b>✓</b>														
GENTLEMAN JACK	✓	✓														
THE CHESHIRE SINGLE MALT	✓	✓														
SOUTHERN COMFORT	✓	✓														
LAPHROAIG 10	✓	<b>✓</b>														
TALISKER 10	✓	✓														
WOODFORD RESERVE	✓	<b>✓</b>														
LIQUEURS																
APEROL	✓	✓														
BAILEYS	<b>4</b>	1														
CAMPARI	<b>4</b>	1														
CHAMBORD	<b>4</b>	1														
COINTREAU	1	1														
DISARONNO	1	1														
DRAMBUIE	1	1														
GRAND MARNIER	1	1														
JÄGERMEISTER	<b>4</b>	1														
JOSE CUERVO TEQUILA	<b>4</b>	1														
LUXARDO SAMBUCA	1	1														
PIMM'S	4	1														
TIA MARIA	1	<b>✓</b>														

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
FORTIFIED WINES																
MARTINI EXTRA DRY	✓	1													YES	
MARTINI ROSSO	✓	1													YES	
MARTINI BIANCO	✓	1													YES	
COCKBURN'S RUBY	✓	1													YES	
GRAHAM'S LBV	✓	1													YES	
HARVEYS BRISTOL CREAM	✓	✓													YES	
DRAUGHT BEER																
COORS	✓	✓		YES												
MADR( EXCEPCIONAL	✓			YES												
ATLANTIC PALE ALE	✓	✓		YES												
GUINNESS	✓	✓		YES												
BOTTLED BEER																
PERONI	1	~		YES												
HEINEKEN ZERO	1	~		YES												
REKORDERLIG	1	1													YES	
ASPALL SUFFOLK CYDER	1	1													YES	
IZAAK WALTON LARGEMOUTH BASS	✓			YES												
ISAAK WALTON KING SALMON	✓			YES												
SOFT DRINKS																
COCA COLA	1	1														
DIET COCA COLA	✓	1														
TONIC	✓	*														
SLIMLINE TONIC	1	1														
GINGERALE	✓	~														
GINGER BEER	1	1														
APPLE JUICE	1	✓														
ORANGE JUICE	1	✓														
CRANBERRY JUICE	1	✓														
PINEAPPLE JUICE	✓	~														
STILL WATER	✓	1														
SPARKLING WATER	✓	~														
COCA COLA BIB	✓	~														
DIET COCA COLA BIB	✓	✓														
LEMONADE	✓	✓														

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
SOFT DRINKS																
MARIE BRIZARD	✓	✓														
ELDERFLOWER	✓	<b>✓</b>														
LAVENDER	✓	✓														
WATERMELON BREEZE	✓	✓														
CARDAMON	✓	✓														
GINGER	✓	✓														
CINNAMON	✓	✓														
PASSION FRUIT	✓	✓														
GOMME	✓	✓														
OREAT	✓	✓														YES
BLOOD ORANGE	✓	✓														
CASSIS	✓	✓														
LIME CORDIAL	✓	✓														
ORANGE CORDIAL	✓	✓														
BLACKCURRANT CORDIAL	✓	✓														

## Wines & sparkling

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide &	Nuts
WINES				gluten											Sulphites	
WHITE WINE																
BEYOND THE RIVER CHARDONNAY	✓	✓													YES	
CORTEFRESA PINOT GRIGIO	✓	<b>*</b>													YES	
MOLOKO BAY SAUVIGNON BLANC	✓	✓													YES	
ROOS ESTATE CHENIN BLANC	✓	1													YES	
KLEIN CONSTANTIA SAVIGNON BLANC	✓	✓													YES	
PETIT CHABLIS DOMAINE CHRISTOPHE CAMU	✓	1													YES	
DOMAINE DOUCET SANCERRE	✓	✓													YES	
IL FORTE GAVI	✓	✓													YES	
DR. ZENZEN RIESLING	✓	1													YES	
ROSE WINE																
WILDWOOD ZINFANDEL ROSE	✓					YES			YES						YES	
CIELO PINOT ROSE	✓	✓													YES	
LADY A PROVENCE ROSE															YES	
RED WINE																
CEPAS MALBEC	✓	1													YES	
BEYOND THE RIVER SHIRAZ	✓	✓													YES	
CASA SANTIAGO PINOT NOIR	✓	✓													YES	
FLEUR DOMAINE PARDON	✓	✓													YES	
BAROLO VEGLIO ANGELO D'AUTUN	✓	<b>*</b>													YES	
CHATEAUNEUF-DU-PAPE CUVEE PAPALE	✓	<b>*</b>													YES	
THE CROSSINGS PINOT NOIR	✓	<b>✓</b>													YES	
ANTANO RIOJA RESERVA	✓	<b>*</b>													YES	
COTE DU RHONE VIEILLES VIGNAES LES COTEAUX	✓	<b>*</b>													YES	
SPARKLING																
II Caggio Prosecco	✓	✓													YES	
II Caggio Prosecco Rose	✓	✓													YES	
HENRIOT BRUT CHAMPAGNE															YES	
HENRIOT ROSE CHAMPAGNE															YES	
BOLLIGNER CUVEE CHAMPAGNE															YES	