

Trices

Fiery Greens

Apple, lemon, celery, cucumber, spinach, kale, ginger

Orange Glow

Apple, orange, carrots, ginger

Tropical Greens

Pineapple, orange, cucumber spinach, ginger

Blue Sky

Lemon, ginger, agave, blue spirulina

Boosters

£3

All boosters are 30ml

Immunity

Ginger & apple

Energy

Turmeric, apple, lemon & cayenne pepper

Mylkshakes

£ 5

Vanilla | Chocolate | Strawberry

Mixed with your choice of plant milk topped with vegan cream

Smoothies

Berry

Strawberries, banana, strawberry protein, almond milk

Green

Spinach, almond butter, banana almond milk

Tropical

Pineapple, desiccated coconut, vanilla protein, banana, coconut milk

Vanilla

Vanilla wowbutter, maple syrup vanilla protein, coconut milk

Hot drinks

Teapigs Tea £3
Espresso £2
Americano £3
Flat White £3.20
Cappuccino / Latté £3.50
Raw Hot Chocolate £4.00



(Choice of milk; coconut, almond, oat)

+ Add vegan whipped coconut cream to your hot drink for no extra charge.











Purple Smoothie Bowl - £7

Our super charged acai bowl, topped with almonds, chia seeds and desiccated coconut

Blue Smoothie Bowl - £7

Our blue sky spirulina bowl topped with desiccated coconut, chia seeds and sunflower seeds

Vegan Pancakes with Bacon - £7

A stack of 3 vegan pancakes served with vegan streaky bacon and lashings of maple syrup

Vegan Pancakes with Berries - £7

A stack of 3 vegan pancakes served with fresh fruit, vegan cream and chocolate sauce

Toast with Avocado & Tomato - £6.50

Smashed avocado on sourdough toast with fresh lime, chilli, Himalayan salt and cracked black pepper topped with fresh tomatoes

Toast with Zero Egg & Mushrooms - £6.50

Zero egg on sourdough toast with mushrooms pan fried with Himalayan salt chilli and cracked black pepper

Loaded Sausage Bagel - £8

Our delicious toasted bagel with vegan sausage, vegan cheese, spinach and tomato.
Served with rocket with a balsamic glaze

Layered Chickpea Salad Jar - £8

Pesto pasta super salad served with spinach, rocket chickpeas, tomato and vegan feta

add on Avocado - £2.50 add on Vegan Feta - £2.50 add on Zero Egg - £2.50 add on Vegan Bacon - £3 add on Vegan Sausage - £3

Gracks

Oat Bites - £2
Snicker Bites - £2
Peanut Butter Cups - £2

Our menu is vegan.

Please ask for allergen information.