



Moddershall Oaks

COUNTRY SPA RETREAT

ALLERGEN INFORMATION GUIDE

UPDATED DECEMBER 2025

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introduction

This information identifies the 14 major allergens outlined by the Food Standards Agency which can be found in the food and drink we serve.

We are proud to produce food in our kitchens every day. However, as we use many ingredients and shared equipment/utensils across multiple menu items, including those containing allergens, cross-contamination is managed but cannot be eliminated to an allergen-free level. We therefore cannot guarantee any of our food is suitable for those with allergies due to the high risk of cross-contamination.

Whilst our staff are trained to support allergen-related queries, they will always refer to our most up-to-date allergen matrix for accurate information. We take reasonable steps to keep ingredients separate, but we cannot guarantee any item is allergen free, even after ingredients have been removed on request. There is a possibility that trace allergens may be found in any item.

Ingredients containing allergens that are deep-fried in our kitchens may be cooked in the same fryers as ingredients that do not contain allergens. This creates a risk of cross-contact which is clearly communicated to customers at the point of order.

While the ingredient information is based on standard dish formulations, variations may occur. Our allergen matrix is available upon request or can be accessed on the website (<https://moddershalloaks.com/allergen-information/>) or via QR codes printed on our menus. Please check this guide and the ingredient matrix regularly, as our dishes and suppliers do change from time to time.

Customers with specific dietary needs must inform staff of their requirements before ordering, to help us minimise the risk of cross-contamination. Even if you have dined with us previously, ingredients and specifications can change at any time. When this happens, our allergen information is updated and staff are notified accordingly.

Any drinks or packaged products not outlined in this guide may require customers to check the packaging information of each product. Please ask a staff member should you need to see the packaging.

Many of the ingredients we use are produced in factories which handle additional allergens. These manufacturers have controls in place and are subject to frequent audits, yet customers should be aware that small risks of cross-contamination may still be present.

For those with airborne allergies, please note that we take reasonable steps to reduce airborne allergen exposure, but cannot guarantee an allergen-free environment.

Information correct at time of print, December 2025. All allergen information is subject to change without notice.

the oak house

ALL DAY MENU, SUNDAY MENU, LIGHT LUNCH, DESSERTS

✓
Yes
May

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
APPETISERS / FLATBREADS																
Artisan breads with olive oil & balsamic	✓	✓		YES - WHEAT, RYE									May	May	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Marinated Olives	✓	✓													Yes	
Smoked bbq chipolatas				YES - WHEAT										Yes	Yes	
Crispy halloumi with sriracha mayonnaise	✓					Yes			Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Homemade garlic flatbread with olive oil & garlic butter	✓			YES - WHEAT					Yes							
Homemade flatbread with lemon & garlic aioli	✓			YES - WHEAT		Yes										
Loaded Nachos with tomato ragu & mozzarella cheese	✓								Yes							
Loaded nachos with maple roasted bacon & cheese									Yes							
Loaded nachos with cajun chicken, cheese & sriracha									Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Roasted fig & walnut flatbread	✓			YES - WHEAT					Yes						Yes	Yes - WALNUTS
Chorizo & red pepper flatbread				YES - WHEAT		Yes			Yes							
Mushroom & spinach flatbread	✓			YES - WHEAT					Yes				Yes			
Cheese & tomato flatbread	✓			YES - WHEAT					Yes							
STARTERS & SALADS																
Fresh homemade soup	✓			YES - WHEAT, RYE					Yes				May	May	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Breaded chicken tenders in katsu sauce				YES - WHEAT									Yes	Yes	Yes	
Creamy garlic mushrooms	✓			YES - WHEAT, RYE		Yes			Yes						Yes	
Garlic & chilli prawns				YES - WHEAT, RYE	Yes								May	May	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Rosemary poached pear	✓								Yes						Yes	Yes - WALNUTS
Staffordshire outtake filled with duck				YES - WHEAT, OAT					Yes			May		Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
Thal tofu spring roll	✓	✓		YES - WHEAT											Yes	
Cajun chicken salad											Yes				Yes	
Honey & lemon feta salad	✓								Yes						Yes	
Vitality salad	✓	✓													Yes	
MAIN COURSES																
Beer battered fish & chips				YES - WHEAT		Yes	Yes		Yes		Yes				Yes	
Penne alla vodka			Yes	YES - WHEAT		Yes			Yes						Yes	
Creole seasoned pork loin steak			Yes												Yes	
Soy & ginger salmon fillets							Yes						Yes	Yes		
Chilli & lemongrass chicken fillet															Yes	
Miso glazed lamb rump			Yes											Yes		
Pan seared seabass				YES - WHEAT			Yes		Yes						Yes	
Smokey black bean & charred cauliflower terrine	✓	✓	Yes												Yes	Yes - ALMONDS
BBQ rubbed staffordshire beef burger				YES - WHEAT, RYE, WHEATGERM					Yes		Yes				Yes	
Panko crispy chicken burger				YES - WHEAT, RYE, WHEATGERM					Yes		Yes				Yes	
Spiced chickpea burger	✓	✓		YES - WHEAT, RYE, WHEATGERM											Yes	
Add on onion rings	✓			YES - WHEAT			May									
Add on candied jalapenos	✓	✓														
Add on grilled halloumi	✓								Yes							
Boz fillet steak															Yes	
Boz sirloin steak															Yes	
Boz rib eye steak															Yes	
Chicken club ciabatta				YES - WHEAT					Yes		Yes		May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Steak & cheese ciabatta				YES - WHEAT					Yes		Yes		May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Roast pork loin				YES - WHEAT					Yes							
Roast topside of beef				YES - WHEAT		Yes			Yes							
Vegetable wellington	✓	✓		YES - WHEAT												
SIDES & SAUCES																
Loaded fries with tomato ragu & mozzarella	✓								Yes						Yes	
Loaded fries with maple roast bacon & cheese									Yes							
Loaded fries cajun chicken, cheese & sriracha									Yes			May	May		Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Triple cooked chips	✓	✓														
Sweet potato fries	✓	✓														
Tenderstem broccoli	✓	✓														
Cauliflower cheese	✓										Yes					
Beer battered onion rings	✓			YES - WHEAT			May									
Garlic ciabatta	✓			YES - WHEAT					Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Peppercorn sauce	✓		Yes						Yes		Yes				Yes	
Diane sauce	✓		Yes						Yes		Yes				Yes	
Blue cheese sauce	✓		Yes						Yes							
DESSERTS																
Smokey - salted caramel brownie	✓			YES - WHEAT		Yes			Yes					Yes		Yes - HAZELNUTS
Dark chocolate tiramisu	✓			YES - WHEAT		Yes			Yes							
Strawberry & basil mousse	✓	✓														Yes - ALMONDS
Chocolate & espresso pannacotta									Yes							
Sticky toffee pudding	✓			YES - WHEAT		Yes			Yes					Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
Honey & passion fruit cheesecake	✓			YES - WHEAT		Yes			Yes					Yes		
Ice cream	✓											May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Sorbets	✓	✓										May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Cheese & biscuits	✓			YES - WHEAT, WHEATGERM, BARLEY, RYE		May			Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER

childrens menu

ALL DAY MENU & SUNDAY MENU

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
STARTERS																
TOMATO SOUP WITH BREAD & BUTTER	✓			YES - WHEAT, RYE					Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
CHEESY GARLIC BREAD	✓			YES - WHEAT					Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
CARROT & CUCUMBER STICKS WITH YOGHURT DIP	✓								Yes					Yes		
MAIN COURSES																
HALF BATTERED COD FILLET				YES - WHEAT			Yes		May							
CHEESE & TOMATO FLATBREAD	✓		Yes	YES - WHEAT					Yes							MAY - NUT NOT SPECIFIED BY SUPPLIER
SAUSAGE & MASH				YES - WHEAT					Yes					Yes		
SOUTHERN FRIED CHICKEN				YES - WHEAT		May	May		Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
TOMATO PENNE PASTA	✓			YES - WHEAT					Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
ROAST PORK LOIN			Yes	YES - WHEAT					Yes							
ROAST TOPSIDE OF BEEF			Yes	YES - WHEAT		Yes			Yes					May	Yes	
DESSERTS																
TWO SCOOPS OF ICE CREAM	✓			MAY - WHEAT		May			Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
CHOCOLATE BROWNIE & ICE CREAM	✓			YES - WHEAT		Yes			Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
FRUIT SALAD WITH BERRY COULIS	✓	✓														
WARM CHURROS WITH CHOCOLATE SAUCE	✓			YES - WHEAT		Yes			Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER

breakfast

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
HOT BREAKFAST																
EGGS BENEDICT				YES - WHEAT		Yes			Yes			May	May	Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
EGGS FLORENTINE	✓			YES - WHEAT		Yes			Yes			May	May	Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
AVOCADO SMASH WITH EGGS	✓			YES - WHEAT, RYE		Yes						May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
AVOCADO SMASH WITH TOMATO	✓	✓		YES - WHEAT, RYE								May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
OATCAKES, BAPS & FILLINGS																
OATCAKES	✓			YES - WHEAT, OAT					Yes							
BREAKFAST BAP	✓	✓		YES - WHEAT, RYE, BARLEY												
CUMBERLAND SAUSAGE				YES - WHEAT										Yes	Yes	
BAKED BEANS	✓	✓														
CHEDDAR CHEESE	✓								Yes							
TOMATOES	✓	✓														
BACK BACON																
MUSHROOMS	✓															
HASH BROWNS	✓	✓														
VEGAN CHEESE	✓	✓														
VEGAN SAUSAGE	✓	✓		YES - WHEAT												
FULL ENGLISH BREAKFAST																
CLASSIC FULL ENGLISH				YES - WHEAT, RYE, BARLEY		Yes			Yes			May	May	Yes	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
VEGETARIAN FULL ENGLISH	✓			YES - WHEAT, RYE, BARLEY		Yes			Yes				May	May		
VEGAN FULL ENGLISH	✓	✓		YES - WHEAT, RYE, BARLEY									May	May		
SWEETER PLATES																
BRIOCHE FRENCH TOAST	✓			YES - WHEAT		Yes			Yes							
PANCAKE STACK	✓			YES - WHEAT		Yes			Yes							
CARAMALISED BANANA	✓								Yes							
BACK BACON																
BERRY COMPOTE	✓	✓														
NIUTELLA	✓								Yes					Yes		YES - HAZLENUT
CARAMEL SAUCE	✓								Yes							
MAPLE SYRUP	✓	✓														
FRESH BERRIES	✓	✓														
BISCOFF	✓	✓		YES - WHEAT										Yes		

afternoon tea

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
AFTERNOON TEA																
Staffordshire beef & horseradish on sourdough bread				YES - WHEAT, RYE		Yes			May		Yes		May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Pulled gammon hock with english mustard on ciabatta				YES - WHEAT		Yes			May		Yes		May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Lightly pickled cucumber & cream cheese on sourdough bread	✓			YES - WHEAT, RYE					Yes				May		Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Creamy brie & roasted red pepper on ciabatta	✓			YES - WHEAT					Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Staffordshire oatake with cheese	✓			YES - WHEAT, OAT					Yes							
Cherry scones	✓			YES - WHEAT		Yes			Yes							
Clotted cream	✓								Yes							
Fruit preserve	✓	✓														
Lemon meringue tart	✓			YES - WHEAT		Yes			Yes						Yes	
Classic victoria sponge	✓			YES - WHEAT		Yes			Yes							
Blackberry mousse with sweet coconut yoghurt & berries	✓															
VEGETARIAN AFTERNOON TEA																
Sliced beef tomato & grated cheddar on sourdough	✓			YES - WHEAT, RYE					Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Sweet potato falafel & minted yoghurt on ciabatta	✓			YES - WHEAT					Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Lightly pickled cucumber & cream cheese on sourdough bread	✓			YES - WHEAT, RYE					Yes				May		Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Houmous & roasted red pepper on ciabatta	✓	✓		YES - WHEAT									Yes	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Staffordshire oatake with cheese	✓			YES - WHEAT, OAT					Yes							
Cherry scones	✓			YES - WHEAT		Yes			Yes							
Clotted cream	✓								Yes							
Fruit preserve	✓	✓														
Lemon meringue tart	✓			YES - WHEAT		Yes			Yes						Yes	
Classic victoria sponge	✓			YES - WHEAT		Yes			Yes							
Blackberry mousse with sweet coconut yoghurt & berries	✓															
VEGAN AFTERNOON TEA																
Sliced beef tomato & vegan grated cheddar on sourdough	✓	✓		YES - WHEAT, RYE									May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Sweet potato falafel & minted yoghurt on ciabatta	✓	✓		YES - WHEAT									May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Lightly pickled cucumber & vegan cream cheese on sourdough bread	✓	✓		YES - WHEAT, RYE									May		Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Houmous & roasted red pepper on ciabatta	✓	✓		YES - WHEAT									Yes	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Staffordshire oatake with vegan cheese	✓	✓		YES - WHEAT, OAT												
Cherry scones	✓	✓		YES - WHEAT										Yes		
Whipped vegan cream	✓	✓														
Fruit preserve	✓	✓														
Raspberry jam bakewell tart	✓	✓		YES - WHEAT								May		Yes		YES - ALMONDS
Vegan chocolate brownie	✓	✓		YES - WHEAT										Yes		
Blackberry mousse with sweet coconut yoghurt & berries	✓	✓														

festive afternoon tea

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
FESTIVE AFTERNOON TEA																
Roast turkey & cranberry sauce on brown bloomer				YES - WHEAT, BARLEY		May			Yes					May		
Pulled gammon hock with fig chutney on white bloomer				YES - WHEAT, BARLEY		May			Yes					May		
Lightly picked cucumber with mint cream cheese on white bloomer	✓			YES - WHEAT, BARLEY		May			Yes					May		
Creamy brie, apple & honey on brown bloomer	✓			YES - WHEAT, BARLEY		May			Yes					May		
Staffordshire oatcake served warm with cheese	✓			YES - WHEAT					Yes							
Cranberry & orange scones	✓			YES - WHEAT		Yes			Yes							
Clotted cream	✓								Yes							
Fruit preserve	✓	✓													Yes	
Apple crumble tart	✓			YES - WHEAT		Yes			Yes							
Victoria sponge	✓			YES - WHEAT		Yes			Yes							
Gingerbread mousse	✓			YES - WHEAT					Yes							
FESTIVE VEGETARIAN AFTERNOON TEA																
Grated cheddar & cranberry sauce on brown bloomer	✓			YES - WHEAT, BARLEY		May			Yes					May		
Sweet potato falafel & mint yoghurt on white bloomer	✓			YES - WHEAT, BARLEY		May			Yes					Yes		
Lightly picked cucumber with mint cream cheese on white bloomer	✓			YES - WHEAT, BARLEY		May			Yes					May	Yes	
Creamy brie, apple & honey on brown bloomer	✓			YES - WHEAT, BARLEY		May			Yes					May		
Staffordshire oatcake served warm with cheese	✓			YES - WHEAT					Yes							
Cranberry & orange scones	✓			YES - WHEAT		Yes			Yes							
Clotted cream	✓								Yes							
Fruit preserve	✓	✓													Yes	
Apple crumble tart	✓			YES - WHEAT		Yes			Yes							
Victoria sponge	✓			YES - WHEAT		Yes			Yes							
Gingerbread mousse	✓			YES - WHEAT					Yes							

afternoon tea with santa

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
AFTERNOON TEA WITH SANTA - ADULTS																
Cheddar cheese & sprout slaw on brown bloomer	✓			YES - WHEAT, BARLEY		May			Yes					May		
Smoked ham & fig chutney on brown bloomer				YES - WHEAT, BARLEY		May			Yes					May		
Turkey, stuffing & crispy bacon on white bloomer				YES - WHEAT, BARLEY		May			Yes					May		
Cranberry cream cheese on white bloomer	✓			YES - WHEAT, BARLEY		May			Yes					May		
Chicken & stuffing yorkshire pudding wrap with dipping gravy				YES - WHEAT		Yes			Yes							
Apple crumble star scone	✓			YES - WHEAT		Yes			Yes							
Cinnamon cream	✓								Yes							
Jam	✓	✓														
Festive pavlova with cherry compote & chocolate drizzle	✓					Yes			Yes						Yes	
Victoria sponge	✓			YES - WHEAT		Yes			Yes						Yes	
AFTERNOON TEA WITH SANTA - KIDS																
Sliced ham on white bread				YES - WHEAT					Yes							
Grated cheddar on white bread	✓			YES - WHEAT					Yes							
Strawberry jam on white bread	✓			YES - WHEAT					Yes							
Vanilla star scone	✓			YES - WHEAT		Yes			Yes							
Clotted cream	✓								Yes							
Jam	✓	✓														
Gingerbread man	✓			YES - WHEAT		Yes			Yes							
Smarties blondie	✓			YES - WHEAT		Yes			Yes							
Haribo sweets																

christmas party nights

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
STARTERS																
Roast celeriac & sweet potato soup with parsley oil & baked petit pain	✓	✓		YES - WHEAT									May			
Fennel & smoked haddock fishcake with crispy caper & micro herb salad, caramelised kumquat jam				YES - WHEAT		YES	YES								YES	
Whipped goats cheese crostini. Micro herb salad, roasted red grapes & thyme infused honey	✓			YES - WHEAT					YES				May	May	YES	MAY - NUT NOT SPECIFIED BY SUPPLIER
Lemon infused avocado mousse, with pickled baby radish, micro herb salad, chive yoghurt & toasted pine nuts	✓	✓												YES	YES	
MAIN COURSES																
Slow braised beef steak with thyme infused creamed potatoes, rich beef gravy & yorkshire pudding			YES	YES - WHEAT		YES			YES							
Roasted turkey crown, sage & onion stuffing, wrapped chipolatas, thick turkey gravy				YES - WHEAT										YES	YES	
Lemon & garlic salmon fillet with parsley cream sauce							YES		YES						YES	
Chickpea & chestnut 'meatloaf' with vegan gravy	✓	✓		YES - WHEAT											YES	
Roast potatoes	✓	✓														
Braised red cabbage	✓	✓													YES	
Roast carrot	✓	✓														
Broccoli	✓	✓														
Shredded sprouts	✓	✓														
DESSERTS																
Christmas pudding with roasted cranberries & brandy custard	✓			YES - WHEAT		YES			YES							MAY - NUT NOT SPECIFIED BY SUPPLIER
Sticky toffee gateau with honeycomb ice cream & toffee sauce	✓			YES - WHEAT		YES			YES					YES		MAY - NUT NOT SPECIFIED BY SUPPLIER
Lotus biscoff cheesecake with dark chocolate sauce & vegan vanilla ice cream	✓	✓		YES - WHEAT										YES		
Raspberry & walnut parfait with lemon mousse, sugared shortbread & berry compote	✓			YES - WHEAT		YES			YES						YES	YES - WALNUTS

christmas day lunch

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
ADULTS CHRISTMAS DAY																
AMUSE BOUCHE																
Tender pulled beef croquette, smokey butternut squash puree, red mustard frill				YES - WHEAT		YES			YES		YES					
Pulled artichoke croquette, roast cauliflower puree, crispy salted spring onions	✓	✓		YES - WHEAT											YES	
STARTERS																
Roast cauliflower & sweet potato soup. Minted parsley oil, warm petit pain	✓	✓		YES - WHEAT												
Passion fruit & lemon thyme feta with prosciutto ham, micro herb & shallot salad									YES						YES	
Roasted chestnut arancini, truffle infused oil, roasted pear & micro rocket salad	✓			YES - WHEAT		YES			YES						YES	
Dill smoked salmon mousse, glazed papaya, lemon creme fraiche & garlic ciabatta crisps				YES - WHEAT			YES		YES				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
MAIN COURSES																
Slow braised beef steak, honey mustard crumb, yorkshire pudding & rich red currant gravy				YES - WHEAT		YES			YES		YES				YES	
Roast turkey crown, sage & onion stuffing, giant pig in blanket, yorkshire pudding & rich red currant gravy				YES - WHEAT		YES			YES					YES	YES	
Smoked haddock in puff pastry with wilted spinach, lemon & garlic cream sauce				YES - WHEAT					YES						YES	
Winter root vegetable wellington, sage & onion stuffing, vegan red currant gravy	✓	✓		YES - WHEAT											YES	
Roast potatoes	✓	✓														
Braised red cabbage	✓	✓														
Roasted carrots	✓	✓														
Roasted parsnips	✓	✓														
Tenderstem broccoli	✓	✓														
Shredded sprouts with chestnuts	✓	✓														
DESSERTS																
Christmas pudding, roasted sugared cranberries, brandy custard	✓			YES - WHEAT					YES							MAY - NUT NOT SPECIFIED BY SUPPLIER
Double chocolate cheesecake, amoretto chantilly cream, tarte fruit compote	✓			YES - WHEAT					YES			May	May	May	YES	MAY - NUT NOT SPECIFIED BY SUPPLIER
Cherry & pistachio tart with sweet roasted figs, honied greek yoghurt, pistachio dust	✓			YES - WHEAT		YES			YES			May				YES - PISTACHIO
Passion fruit mousse, fresh berries, coconut yoghurt, vegan brandy snap	✓	✓														
CHILDREN & INFANTS CHRISTMAS DAY																
AMUSE BOUCHE																
Rudolphs' red juice (cranberry & apple juice)	✓	✓														
STARTERS																
Cream of tomato soup, warm bread roll	✓			YES - WHEAT					YES							
Christmas tree garlic bread, with cheese	✓			YES - WHEAT					YES				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Carrot & cucumber sticks with houmous	✓	✓									May		YES	May	May	
MAIN COURSES																
Mini roast turkey, sage & onion stuffing, roasted potatoes, carrots, parsnips, pig in blanket, yorkshire pudding				YES - WHEAT		YES			YES					YES	YES	
Pigs in blankets & mash, garden peas & gravy				YES - WHEAT					YES					YES	YES	
Macaroni cheese & broccoli bake with a golden breadcrumb topping	✓			YES - WHEAT					YES							
DESSERTS																
Christmas rice krispie & marshmallow bars, drizzled with white chocolate & candy cane crumb, chocolate dipping sauce	✓			YES - WHEAT					YES							
Chocolate brownie, vanilla bean ice cream	✓			YES - WHEAT		YES			YES							
Ice cream sundae, vanilla & chocolate ice cream, brownie chunks, warm chocolate sauce	✓			YES - WHEAT		YES			YES							

festive specials

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
FESTIVE MENU																
STARTERS																
Baked goat's cheese tart. Spiced red onion chutney, micro herb salad, balsamic glaze	✓			YES - WHEAT		YES			YES						YES	
Rich chicken liver parfait, toasted brioche, apple cider chutney, passion fruit coulis				YES - WHEAT		YES			YES						YES	
MAIN COURSES																
Slow roasted braising steak, rainbow baby carrots, Tenderstem broccoli, creamed potatoes, thick beef gravy, yorkshire pudding			YES	YES - WHEAT		YES			YES							
Roast turkey breast, sage & cranberry stuffing, wrapped chipolatas, Tenderstem broccoli, roast potatoes, thick gravy				YES - WHEAT										YES	YES	
Chickpea & chestnut meatloaf. Roast potatoes, sautéed green beans, Tenderstem broccoli & rainbow carrots with vegetable gravy	✓	✓		YES - WHEAT											YES	
DESSERTS																
Traditional christmas pudding, mixed berry compote, brandy custard	✓			YES - WHEAT					YES							MAY - NUT NOT SPECIFIED BY SUPPLIER
Cranberry & orange torte, honey & ginger ice cream, chocolate sauce	✓			YES - WHEAT		YES			YES					YES		MAY - NUT NOT SPECIFIED BY SUPPLIER

new years eve ball

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
AMUSE BOUCHE																
Pulled pork bon bon with apple gel & crispy pancetta				YES - WHEAT												
Wild mushroom bon bon with micro salad & sauce venitene	✓	✓		YES - WHEAT												
STARTERS																
Chicken & leek terrine, garlic toasted ciabatta, cranberry gel				YES - WHEAT					May				May	May	YES	MAY - NUT NOT SPECIFIED BY SUPPLIER
Parsnip & roast chestnut soup with truffle cream, whipped butter & warm bread	✓			YES - WHEAT					YES				May			
Roasted vegetable & quinoa timbale, orange zest & ginger syrup, crispy rocket	✓	✓													YES	
MAIN COURSES																
Slow roasted beef shortrib, tenderstem broccoli, potato & mushroom gratin, celeriac puree, dijon mustard gravy									YES		YES				YES	
Roast courgette & spinach tagliatelle, sundried tomato & garlic pesto, garnished with toasted almonds	✓	✓		YES - WHEAT							May			May	YES	YES - ALMONDS
Herb roasted chicken fillet, truffle infused creamed potatoes, garlic greens, champagne cream sauce				YES - WHEAT					YES							
DESSERTS																
Triple chocolate brownie, dark chocolate sauce, honey & stem ginger ice cream	✓			YES - WHEAT		YES			YES							
Lemon & elderflower pannacotta, vanilla & white chocolate crumb, caramelised pumpkin seeds	✓			YES - WHEAT					YES							
Winter berry mousse, sticky toffee sponge base, spiced berry compote	✓	✓		YES - WHEAT										YES	YES	

roast dinner tapas

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
ROAST DINNER TAPAS																
Beef in mini yorkshire pudding				YES - WHEAT		Yes			Yes							
Mini vegetable wellington	✓	✓		YES - WHEAT												
Pigs in blankets				YES - WHEAT										Yes	Yes	
Roast potatoes	✓	✓														
Mashed Potato	✓								Yes							
Cauliflower cheese	✓								Yes		Yes					
Honey roast carrot & parsnips	✓															
Stuffing balls	✓	✓		YES - WHEAT												
Rich beef gravy																
Vegetable gravy	✓	✓														
Red cabbage	✓	✓													Yes	
Mini yorkshire pudding	✓			YES - WHEAT		Yes			Yes							

grazing board

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
GRAZING BOARDS																
Garlic ciabatta sticks	✓			YES - WHEAT					May				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Mixed olives	✓	✓														MAY - NUT NOT SPECIFIED BY SUPPLIER
Roasted balsamic figs	✓	✓													Yes	
Honey roast ham																
Sliced smoky chorizo									May					May		
Grapes	✓	✓														
Creamy brie	✓								Yes							
Cucumber sticks	✓	✓														
Houmous	✓	✓											Yes			
Red onion chutney	✓	✓														
Mixed crackers	✓			YES - WHEAT, WHEATGERM, BARLEY, RYE		May			Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER

wedding breakfast

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
STARTERS																
Petit Pain & Butter	✓		Yes	YES - WHEAT					Yes				May			
Homemade Soup	✓	✓	Yes													
Classic Prawn Cocktail				YES - WHEAT, RYE	Yes	Yes					Yes			Yes	Yes	
Beetroot Carpaccio	✓	✓													Yes	
Sauteed Mushrooms	✓			YES - WHEAT		Yes			Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Beef & Potato Croquette			Yes	YES - WHEAT												
Baked Goats Cheese Tart	✓															
Cauliflower Fritters	✓	✓		YES - WHEAT												
Smoked Mackerel Pate				YES - WHEAT, RYE			Yes		Yes		May		May	May	Yes	
MAIN COURSES																
Garlic grilled chicken fillet with sweet potato rosti, green beans & garlic cream sauce			Yes			Yes			Yes							
Chargrilled beef steak with triple cooked chips, roasted carrots, broccoli & garlic butter			Yes						Yes							
Pan seared cod loin with sauteed new potatoes, grilled green beans, cream tomato sauce			Yes				Yes		Yes							
Grilled pork loin steak with creamed potatoes, roasted broccoli, diane sauce			Yes	YES - WHEAT					Yes		Yes				Yes	
Butternut squash tagliatelle with spinach, toasted pine nuts, garlic & lemon pesto	✓	✓	Yes	YES - WHEAT											Yes	
Pan seared chicken supreme with dauphinoise potatoes, garlic sauteed greens, wholegrain mustard jus			Yes						Yes		Yes					
Herb crusted salmon fillet with potato & spinach gratin, roasted bean & chorizo ragu			Yes	YES - WHEAT			Yes		Yes					May	Yes	
Slow braised beef with creamed potatoes, baby onions, roasted carrots, yorkshire pudding & beef gravy			Yes	YES - WHEAT		Yes			Yes						Yes	
Pork tenderloin with crispy parmentier potatoes, broccoli, apple crisp, apple cider jus			Yes												Yes	
Sweet potato gnocchi with roasted red peppers, spinach, garlic & thyme pesto	✓	✓	Yes	YES - WHEAT											Yes	
Pan seared rosemary rack of lamb with duchess potatoes, caramelised carrots, thyme & red wine jus			Yes			Yes			Yes						Yes	
Seared seabass fillet with herb crusted new potatoes, sauteed samphire, mussel cream			Yes	YES - WHEAT			Yes		Yes	Yes						
Grilled sirloin steak with garlic sauteed new potatoes, calvelo nero cabbage, brandy peppercorn sauce			Yes						Yes						Yes	
Beef short rib with a mustard crumb, thyme braised fondant potato, tenderstem broccoli, rich beef jus			Yes	YES - WHEAT					Yes						Yes	
Wild mushroom risotto with grilled asparagus, pea shoots	✓	✓	Yes													
HOST A ROAST																
Roast topside of beef																
Roast loin of pork																
Yorkshire pudding	✓			YES - WHEAT		Yes			Yes							
Horseradish	✓					Yes					Yes					
English mustard	✓	✓		YES - WHEAT							Yes					
Red wine gravy	✓	✓													Yes	
Sage & onion stuffing	✓	✓		YES - WHEAT												
Pork crackling																
Apple puree	✓	✓													Yes	
Calvados apple brandy gravy	✓	✓													Yes	
Herb roasted potatoes	✓	✓														
Cauliflower cheese gratin	✓					Yes			Yes							
Seasonal panache of vegetables	✓	✓														
Creamed mash potatoes	✓								Yes							
Pigs in blankets				YES - WHEAT										Yes	Yes	

wedding breakfast

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
DESSERTS																
Rich chocolate brownie with chocolate sauce, vanilla bean ice cream, Baileys chantilly cream	✓			YES - WHEAT		Yes			Yes			May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Homemade sticky toffee pudding with toffee sauce, crème anglais	✓			YES - WHEAT		Yes			Yes					Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
Lemon curd tart with macerated raspberries, berry coulis, lemon sorbet	✓			YES - WHEAT		Yes			Yes						Yes	
Seasonal berry pavlova with fresh berries, coulis, chantilly cream	✓					Yes			Yes						Yes	
Vanilla crème brulee with lemon shortbread, fresh berries	✓			YES - WHEAT		Yes			Yes							
Baked cherry cheesecake with dark chocolate crumb, cherry sorbet	✓			YES - WHEAT		Yes			Yes					May		
CHILDREN'S MENU																
Tomato soup, warm bread and butter	✓			YES - WHEAT					Yes				May	May		
Loaded potato skins with bacon & cheese									Yes							
Garlic bread with cheese	✓			YES - WHEAT					Yes				May			
Crudites. Carrot & cucumber sticks with houmous	✓	✓											Yes			
Crispy chicken dippers with vegetables & fries				YES - WHEAT												
Tomato penne pasta with garlic bread	✓			YES - WHEAT					Yes				May			
Battered fish fingers with peas & fries				YES - WHEAT			Yes									
Sausage & mash with peas & gravy				YES - WHEAT					Yes		Yes		May			
Sticky toffee pudding with toffee sauce	✓			YES - WHEAT		Yes	Formula Bar		Yes					Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
Chocolate brownie with chocolate sauce	✓			YES - WHEAT		Yes			Yes			May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Trio of ice cream	✓															
Mini eaton mess with chantilly cream, berry coulis	✓															
PETIT FOURS																
Mixed Macaroons						Yes			Yes					Yes		YES - HAZLENUT, PISTACHIO, ALMOND
Mixed truffles	✓			YES - WHEAT					Yes					Yes		

wedding buffet

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
CANAPES																
Southern fried chicken with herb garlic mayonnaise				YES - WHEAT		Yes										
Filo wrapped prawns with sweet chilli sauce				YES - WHEAT	Yes	May	May		May	May				May	May	
Mini cheeseburger in a brioche bun with smokey tomato ketchup				YES - WHEAT		Yes			Yes		Yes					
Mini cheese puff pastry tart with red onion chutney	✓			YES - WHEAT					Yes						Yes	
Sweet potato falafel with minted yoghurt	✓	✓														
Mini cottage pie in a pastry case			Yes	YES - WHEAT					Yes							
Beef meatballs with tomato jam & shaved parmesan						Yes			Yes						Yes	
Mini duck oatkake with hoisin sauce				YES - WHEAT					Yes			May		Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
Mini cod bites with pea puree on a chorizo crisp							Yes		Yes					May		
Onion bhaji with mango chutney	✓	✓		YES - WHEAT												
Pork belly bites with apple chutney															Yes	
Pulled beef in a mini yorkshire pudding with horseradish cream				YES - WHEAT		Yes			Yes		Yes				Yes	
BRITISH BUFFET																
Cottage pie in a shortcrust pastry case			Yes	YES - WHEAT		Yes			Yes							
Chunky fish fingers with homemade tartar sauce				YES - WHEAT		Yes	Yes				Yes				Yes	
Chargrilled pork loin steak with apple sauce															Yes	
Herb roasted new potatoes	✓															
Fresh seasonal vegetables	✓															
Triple cooked chips	✓															
Cabbage & red onion coleslaw	✓					Yes					Yes					
INDIAN BUFFET																
Vegetable biriyani	✓		Yes						Yes							YES - NUT NOT SPECIFIED BY SUPPLIER
Butter chicken			Yes						Yes						Yes	
Aloo gobi	✓		Yes												Yes	YES - NUT NOT SPECIFIED BY SUPPLIER
Mini naan breads	✓			YES - WHEAT												
Jasmine coconut rice	✓															
Chole bhature	✓		Yes						Yes							
Poppadoms	✓															
Dips	✓								Yes						Yes	
BBQ BUFFET																
Slow cooked bbq chicken wings																
Hickory smoked pork ribs			Yes													
Hot dogs with fried onions				YES - WHEAT		May			Yes					May		
6oz beef burger with cheese			Yes	YES - WHEAT, RYE, WHEATGERM									May			
Chargrilled vegetable skewers	✓														Yes	
Triple cooked chips	✓															
Garden salad	✓															
Coleslaw	✓					Yes					Yes					
ITALIAN BUFFET																
Rich beef lasagne			Yes	YES - WHEAT		Yes			Yes		May			May		
Chicken & green pesto salad									Yes						Yes	
Garlic & herb focaccia	✓			YES - WHEAT		Yes			Yes							
Herb crusted macaroni cheese	✓		Yes	YES - WHEAT		Yes			Yes		Yes					
Crispy parmesan chicken				YES - WHEAT		Yes			Yes						Yes	
Roasted tomato & rocket salad	✓														Yes	
Mozzarella & tomato salad	✓								Yes						Yes	

wedding buffet

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
HOT ROAST BAPS																
Roast pork loin																
Roast chicken breast																
Sage & onion stuffing	✓	✓	Yes	YES - WHEAT												
Baps	✓	✓		YES - WHEAT, RYE, WHEATGERM								May				
Apple sauce	✓	✓														
Potato salad	✓					Yes			Yes		Yes					
Pasta salad	✓	✓	Yes	YES - WHEAT											Yes	
Coleslaw	✓					Yes					Yes					
Potato wedges	✓	✓														
SPANISH BUFFET																
Slow cooked smoked parika chicken																
Red wine braised chorizo sausage									Yes					May	Yes	
Lemon roast artichokes & mediterranean veg	✓														Yes	
Potato & spinach tortilla	✓					Yes			Yes							
Crispy calamari with harissa mayo				YES - WHEAT		Yes			Yes	Yes	Yes					
Patatas bravas	✓														Yes	
Ensalada salad	✓															
GERMAN BUFFET																
Slow roasted pork with braised red cabbage			Yes												Yes	
Braised red wine lamb shank			Yes												Yes	
Bratwurst sausage with saurkraut			Yes						Yes		Yes				Yes	
Kartoffelpuffer potatoes with apple sauce	✓			YES - WHEAT		Yes										
Bratkartoffeln with bacon									Yes							
Mushroom & goats cheese strudel	✓			YES - WHEAT		Yes			Yes							
Krautsalat	✓															
MEXICAN BUFFET																
Rich beef chilli			Yes													
Spiced bean chilli	✓		Yes													
Lime & coriander rice	✓														Yes	
Tortilla chips	✓													May		
Salsa	✓															
Soured cream	✓								Yes							
Guacamole	✓								Yes							
Spiced chicken quesadilla			Yes	YES - WHEAT												
Spicy vegetable quesadilla	✓		Yes	YES - WHEAT												
SOMETHING SAVOURY - CHEESE TOWER																
Cheddar cheese	✓								Yes							
Blue stilton	✓								Yes							
Brie	✓								Yes							
Yarg	✓								Yes							
Red Leicester	✓								Yes							
Grapes	✓	✓														
Celery	✓	✓	Yes													
Red onion chutney	✓	✓													Yes	
Crackers	✓			YES - WHEAT, WHEATGERM, BARLEY, RYE		May			Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
SOMETHING SWEET - BROWNIE TOWER																
Chocolate brownie	✓			YES - WHEAT		Yes			Yes			May				MAY - NUT NOT SPECIFIED BY SUPPLIER

private party menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
VENUE PRIVATE PARTY																
STARTERS																
Homemade soup with petit pain	✓			YES - WHEAT					Yes				May			
Sauteed mushrooms on brioche	✓			YES - WHEAT		Yes			Yes				May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Baked goats cheese tart	✓			YES - WHEAT		Yes			Yes							
Chicken liver parfait				YES - WHEAT		Yes			Yes		May				Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Garlic & aubergine caviar	✓	✓		YES - WHEAT, RYE									May			MAY - NUT NOT SPECIFIED BY SUPPLIER
MAIN COURSES																
Roast chicken fillet			Yes						Yes							
Chargrilled pork loin steak			Yes						Yes		Yes					
Herb crusted salmon fillet				YES - WHEAT			Yes		Yes						Yes	
Slow braised beef			Yes						Yes							
Sweet potato gnocchi	✓	✓	Yes	YES - WHEAT											Yes	
DESSERTS																
Chocolate brownie	✓			YES - WHEAT		Yes			Yes							MAY - NUT NOT SPECIFIED BY SUPPLIER
Sticky toffee pudding	✓			YES - WHEAT		Yes			Yes							
Berry Pavlova	✓								Yes						Yes	
Cherry cheesecake	✓			YES - WHEAT		Yes			Yes					Yes		
Raspberry bakewell	✓	✓		YES - WHEAT								May		Yes		YES - ALMONDS

corporate meetings

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
CORPORATE LUNCH																
CIABATTA ROLLS																
Steak & onion with garlic mayonnaise				YES - WHEAT, RYE		Yes					Yes		May	May	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Cajun chicken with lemon & garlic mayonnaise				YES - WHEAT, RYE		Yes			Yes		Yes		May	May	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
Falafel & vegan cajun mayonnaise	✓	✓		YES - WHEAT, RYE									May	May	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
DESSERTS																
Triple chocolate brownie	✓			YES - WHEAT		Yes			Yes			May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Sticky toffee pudding	✓			YES - WHEAT		Yes			Yes					Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
Brioche bread & butter pudding	✓			YES - WHEAT		Yes			Yes							MAY - NUT NOT SPECIFIED BY SUPPLIER
Chocolate fondant	✓			YES - WHEAT		Yes			Yes			May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Raspberry & toasted walnut parfait	✓			YES - WHEAT		Yes			Yes						Yes	YES - WALNUTS
White chocolate & vanilla cheesecake	✓			YES - WHEAT		Yes			Yes					Yes		
Ice cream selection	✓											May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Sorbet	✓	✓										May				MAY - NUT NOT SPECIFIED BY SUPPLIER
Cheese & biscuits	✓			YES - WHEAT, WHEATGERM, BARLEY, RYE		May			Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER

deli menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
DELI FOOD																
Oatcake with tomato & cheese	✓			YES - WHEAT, OAT					Yes							
Oatcake with sausage & cheese				YES - WHEAT, OAT					Yes					Yes	Yes	
Oatcake with bacon & cheese				YES - WHEAT, OAT					Yes							
Nachos, sour cream, guacamole & salsa	✓								Yes							
Nachos, pulled chicken & sour cream									Yes							
Cheese & onion toastie	✓			YES - WHEAT										Yes		
Cheese & ham toastie				YES - WHEAT										Yes		
Bagel with peanut butter & banana	✓			YES - WHEAT, BARLEY								Yes	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Bagel with cream cheese & rocket	✓			YES - WHEAT, BARLEY					Yes				May			
Bagel with avocado & sundried tomato	✓	✓		YES - WHEAT, BARLEY									May			
Bagel with nutella & strawberries	✓			YES - WHEAT, BARLEY					Yes				May	Yes		Yes, HAZLENUT
Panini with halloumi & sweet chilli	✓			YES - WHEAT					Yes			May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
Panini with BBQ pulled chicken				YES - WHEAT									May			
Panini with tuna				YES - WHEAT			Yes		Yes				May			
Waffles	✓			YES - WHEAT		Yes			May					Yes		
Banana	✓	✓														
Strawberries	✓	✓														
Bacon																
Maple syrup	✓	✓														
Clotted cream	✓								Yes							
Nutella	✓								Yes					Yes		YES - HAZLENUT
Scones	✓			YES - WHEAT		Yes			Yes							
Strawberry jam	✓	✓														
Butter	✓								Yes							
Berry compote	✓	✓														
Mixed Board																
Pitta bread	✓	✓		YES - WHEAT					May							
Grapes	✓	✓														
Olives	✓	✓														MAY - NUT NOT SPECIFIED BY SUPPLIER
Rocket	✓	✓														
Balsamic glaze	✓	✓													Yes	
Sundried tomatoes	✓	✓													Yes	
Cucumber	✓	✓														
Houmous	✓								Yes				Yes			
Vegetable crisps	✓	✓														
Halloumi	✓								Yes							
Avocado	✓	✓														
Ham																
Cheeseboard																
Blue stilton	✓								Yes							
Mature cheddar	✓								Yes							
Brie	✓								Yes							
Crackers	✓			YES - WHEAT, WHEATGERM, BARLEY, RYE		May			Yes				May	May		MAY - NUT NOT SPECIFIED BY SUPPLIER
Butter	✓								Yes							
Grapes	✓	✓														
Red onion chutney	✓	✓														
Cake of the day with clotted cream																
Cake of the day with clotted cream	✓			YES - WHEAT		Yes			Yes							
Granola pot, yoghurt & berry compote	✓			YES - OATFLAKES					Yes					May		YES - ALMONDS
Toasted tea cake with butter	✓			YES - WHEAT					Yes				May			
Guacamole	✓	✓														
Olive oil	✓	✓														
Focaccia	✓	✓		YES - WHEAT										Yes		

made wellness centre

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
BRUNCH																
PURPLE SMOOTHIE BOWL	✓	✓	Yes									Yes	Yes	Yes	Yes	YES, ALMOND
BLUE SMOOTHIE BOWL	✓	✓										May	Yes	Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
VEGAN PANCAKES WITH BACON	✓	✓	Yes	YES, WHEAT								Yes	Yes	Yes	Yes	
VEGAN PANCAKES WITH BERRIES	✓	✓	Yes	YES, WHEAT								May	May	Yes		
TOAST WITH AVOCADO & TOMATO	✓	✓		YES, WHEAT, RYE, BARLEY								Yes	Yes	Yes		
TOAST WITH ZERO EGG & MUSHROOMS	✓	✓		YES, WHEAT, RYE, BARLEY							Yes	May	Yes	Yes		
LOADED SAUSAGE BAGEL	✓	✓		YES, WHEAT								May	Yes	Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
LAYERED CHICK PEA SALAD JAR	✓	✓	Yes	YES, WHEAT										Yes	Yes	YES, CASHEW
SNACKS																
OAT BITES	✓	✓		YES, WHEAT								Yes		Yes	Yes	YES, ALMONDS
SNICKER BITES	✓	✓										Yes		Yes	Yes	
PEANUT BUTTER CUPS	✓	✓										Yes		Yes		
SMOOTHIES																
BERRY	✓	✓										Yes	Yes	Yes		YES, ALMOND
GREEN	✓	✓		MAY - GLUTEN NOT SPECIFIED BY SUPPLIER								May	May	Yes		YES, ALMOND
TROPICAL	✓	✓	Yes											Yes	Yes	MAY - NUT NOT SPECIFIED BY SUPPLIER
VANILLA	✓	✓										May	May	Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
JUICES																
FIERY GREENS	✓	✓										May	May			
ORANGE GLOW	✓	✓										May	May			
TROPICAL GREENS	✓	✓										May	May			
BLUE SKY	✓	✓										May	May			
BOOSTERS																
IMMUNITY	✓	✓										May	May			
ENERGY	✓	✓										May	May			
HOT DRINKS																
TEA PIGS TEA	✓	✓										May	May			
RINGTONS TEA	✓	✓										May	May			
ESPRESSO	✓	✓										May	May			
AMERICANO	✓	✓										May	May			
FLAT WHITE	✓	✓										May	May			
CAPPUCINO	✓	✓										May	May			
LATTE	✓	✓										May	May			
SPECIALIST LATTE	✓	✓										May	May			
RAW HOT CHOCOLATE	✓	✓										May	May			
MILKS																
ALMOND MILK	✓	✓		MAY - GLUTEN NOT SPECIFIED BY SUPPLIER								May	May			YES, ALMONDS
OAT MILK	✓	✓		YES, OAT								May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
SOYA MILK	✓	✓		MAY - GLUTEN NOT SPECIFIED BY SUPPLIER								May	May	Yes		MAY - NUT NOT SPECIFIED BY SUPPLIER
COCONUT MILK	✓	✓										May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER
SYRUPS																
The groovy food company agave nectar rich & dark	✓	✓										May	May			
The groovy food company agave nectar light amber & mild	✓	✓										May	May			
Sweet freedom choc shot	✓	✓										May	May			
Sweet freedom choc shot winter spice	✓	✓										May	May			
Sweet freedom cinnamon syrup	✓	✓										May	May			
Sweet freedom caramel syrup	✓	✓										May	May			
Biona organic maple agave syrup	✓	✓										May	May			
SPECIAL LATTE - ALCHEMY																
Kaytea	✓	✓										May	May			
Perfect Ted	✓	✓										May	May			

condiments

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
CONDIMENTS																
KETCHUP	✓	✓	YES								YES					
BROWN SAUCE	✓	✓		YES - WHEAT, RYE												
MAYONNAISE	✓					YES					YES					
VEGAN MAYONNAISE	✓	✓														
BBQ SAUCE	✓	✓														
HORSERADISH	✓					YES					YES				YES	
WHOLEGRAIN MUSTARD	✓	✓									YES					
APPLE SAUCE	✓	✓														
ENGLISH MUSTARD	✓	✓		YES - WHEAT							YES					
FRENCH MUSTARD	✓	✓		YES - WHEAT							YES					
DIJON MUSTARD	✓	✓									YES				YES	
SRIRACHA SAUCE	✓	✓										May	May			MAY - NUT NOT SPECIFIED BY SUPPLIER

oak house drinks

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
SIGNATURE COCKTAILS																
ROSE MAËSANGRIA	✓	✓													✓	
KIWI CUCUMBER COOLER	✓	✓														
STRAWBERRY DREAM	✓	✓														
BLUSH NOON	✓	✓													✓	
NELSON'S CARIBBEAN	✓	✓													✓	
CLASSIC COCKTAILS																
SINGAPORE SLING	✓	✓													✓	
BANANA COLADA	✓	✓														
PORNSTAR MARTINI	✓	✓													✓	
HUGO SPRITZ	✓	✓													✓	
COSMOPOLITAN	✓	✓														
PASSIONFRUIT PALOMA	✓	✓														
SIGNATURE MOCKTAILS																
STRAWBERRY LEMONADE	✓	✓														
APPLE & ELDERFLOWER NOJITO	✓	✓														
WATERMELON BREEZE	✓	✓														
PINEAPPLE PUNCH	✓	✓														
SPIRITS & LIQUEURS																
VODKA																
ABSOLUT	✓	✓														
GREY GOOSE	✓	✓														
WEETWOOD	✓	✓														
GIN																
GORDON'S	✓	✓														
TANQUERAY	✓	✓														
HENDRICK'S	✓	✓														
WEETWOOD RASPBERRY	✓	✓														
WEETWOOD MARMALADE	✓	✓														
WARNER'S RHUBARB	✓	✓														
NELSON'S LONDON DRY NO.7	✓	✓														
NELSON'S RHUBARB & CUSTARD	✓	✓														
TANQUERAY NON-ALCOHOLIC	✓	✓														

oak house drinks

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
RUM																
CAPTAIN MORGAN	✓	✓														
MOUNT GAY ECLIPSE	✓	✓														
BACARDI	✓	✓														
MALIBU																
NELSON'S ROASTED PINEAPPLE	✓	✓														
BRANDY																
MARTELL VS	✓	✓														
MARTELL VSOP	✓	✓														
MARTELL XO	✓	✓														
WHISKEY																
JOHNNIE WALKER RED LABEL	✓	✓														
JOHNNIE WALKER BLACK LABEL	✓	✓														
JAMESON IRISH	✓	✓														
JACK DANIEL'S	✓	✓														
GENTLEMAN JACK	✓	✓														
THE CHESHIRE SINGLE MALT	✓	✓														
SOUTHERN COMFORT	✓	✓														
LAPHROAIG 10	✓	✓														
TALISKER 10	✓	✓														
WOODFORD RESERVE	✓	✓														
LIQUEURS																
APEROL	✓	✓														
BAILEYS	✓	✓														
CAMPARI	✓	✓														
CHAMBORD	✓	✓														
COINTREAU	✓	✓														
DISARONNO	✓	✓														
DRAMBUIE	✓	✓														
GRAND MARNIER	✓	✓														
JÄGERMEISTER	✓	✓														
JOSE CUERVO TEQUILA	✓	✓														
LUXARDO SAMBUCA	✓	✓														
PIMM'S	✓	✓														
TIA MARIA	✓	✓														

oak house drinks

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
FORTIFIED WINES																
MARTINI EXTRA DRY	✓	✓													YES	
MARTINI ROSSO	✓	✓													YES	
MARTINI BIANCO	✓	✓													YES	
COCKBURN'S RUBY	✓	✓													YES	
GRAHAM'S LBV	✓	✓													YES	
HARVEYS BRISTOL CREAM	✓	✓													YES	
DRAUGHT BEER																
COORS	✓	✓		YES												
MADRID EXCEPCIONAL	✓			YES												
ATLANTIC PALE ALE	✓	✓		YES												
GUINNESS	✓	✓		YES												
BOTTLED BEER																
PERONI	✓	✓		YES												
HEINEKEN ZERO	✓	✓		YES												
REKORDERLIG	✓	✓													YES	
ASPALL SUFFOLK CYDER	✓	✓													YES	
IZAAK WALTON LARGEMOUTH BASS	✓			YES												
ISAAK WALTON KING SALMON	✓			YES												
SOFT DRINKS																
COCA COLA	✓	✓														
DIET COCA COLA	✓	✓														
TONIC	✓	✓														
SUMLINE TONIC	✓	✓														
GINGER ALE	✓	✓														
GINGER BEER	✓	✓														
APPLE JUICE	✓	✓														
ORANGE JUICE	✓	✓														
CRANBERRY JUICE	✓	✓														
PINEAPPLE JUICE	✓	✓														
STILL WATER	✓	✓														
SPARKLING WATER	✓	✓														
COCA COLA BIB	✓	✓														
DIET COCA COLA BIB	✓	✓														
LEMONADE	✓	✓														

oak house drinks

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
SOFT DRINKS																
MARIE BRIZARD	✓	✓														
ELDERFLOWER	✓	✓														
LAVENDER	✓	✓														
WATERMELON BREEZE	✓	✓														
CARDAMON	✓	✓														
GINGER	✓	✓														
CINNAMON	✓	✓														
PASSION FRUIT	✓	✓														
GOMME	✓	✓														
OREAT	✓	✓														YES
BLOOD ORANGE	✓	✓														
CASSIS	✓	✓														
LIME CORDIAL	✓	✓														
ORANGE CORDIAL	✓	✓														
BLACKCURRANT CORDIAL	✓	✓														

Wines & sparkling

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
WINES																
WHITE WINE																
BEYOND THE RIVER CHARDONNAY	✓	✓													YES	
CORTEFRESA PINOT GRIGIO	✓	✓													YES	
MOLOKO BAY SAUVIGNON BLANC	✓	✓													YES	
ROOS ESTATE CHENIN BLANC	✓	✓													YES	
KLEIN CONSTANTIA SAVIGNON BLANC	✓	✓													YES	
PETIT CHABLIS DOMAINE CHRISTOPHE CAMU	✓	✓													YES	
DOMAINE DOUCET SANCERRE	✓	✓													YES	
IL FORTE GAVI	✓	✓													YES	
DR. ZENZEN RIESLING	✓	✓													YES	
ROSE WINE																
WILDWOOD ZINFANDEL ROSE	✓					YES			YES						YES	
CIELO PINOT ROSE	✓	✓													YES	
LADY A PROVENCE ROSE															YES	
RED WINE																
CEPAS MALBEC	✓	✓													YES	
BEYOND THE RIVER SHIRAZ	✓	✓													YES	
CASA SANTIAGO PINOT NOIR	✓	✓													YES	
FLEUR DOMAINE PARDON	✓	✓													YES	
BAROLO VEGGIO ANGELO D'AUTUN	✓	✓													YES	
CHATEAUNEUF-DU-PAPE CUVÉE PAPALE	✓	✓													YES	
THE CROSSINGS PINOT NOIR	✓	✓													YES	
ANTANO RIOJA RESERVA	✓	✓													YES	
COTE DU RHONE VIEILLES VIGNAIES LES COTEAUX	✓	✓													YES	
SPARKLING																
Il Caggio Prosecco	✓	✓													YES	
Il Caggio Prosecco Rose	✓	✓													YES	
HENRIOT BRUT CHAMPAGNE															YES	
HENRIOT ROSE CHAMPAGNE															YES	
BOLLIGNER CUVÉE CHAMPAGNE															YES	