

Moddershall Oaks COUNTRY SPA RETREAT

ALLERGEN INFORMATION GUIDE

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introduction

This information identifies the 14 major allergens outlined by the Food Standards Agency which can be found in the food and drink we serve.

We are proud to produce food in our kitchens everyday but as we use many ingredients and shared equipment / utensils across multiple menu items, including those containing allergens, cross-contamination is managed but not to an allergen free-level. We therefore cannot guarantee any of our food is suitable for those with allergies due to high risk of cross-contamination. Whilst we take reasonable steps keep things separate, we cannot guarantee any item is allergen free even after ingredients have been removed on request. There is a possibility that trace allergens may be found in any item.

Ingredients containing allergens which are deep fried in our kitchens will use the same fryers as ingredients that do not contain allergens. There may be a risk of cross-contamination.

While the ingredient information is based on standard dish formulations, variations may occur. Please remember to check our guide and the ingredient matrix regularly as our dishes do change from time to time.

Customers with specific dietary needs must inform staff of their requirements, before ordering, to minimise the risk of cross-contamination. Our staff cannot offer specific advice or make recommendations beyond our published allergen communications.

Ingredients and specifications can change; so, even if you have dined with us before, it is important to review this information before ordering.

Any drinks or packaged products not outlined in this guide may require customers to check the packaging information of each product. Please ask a staff member should you need to see the product packaging.

Many of the ingredients we use are produced in factories which handle additional allergens. The manufacturers have controls in place and are subject to frequent audits, yet customers should be aware that there could be a small risk of cross-contamination.

For those with air borne allergies, please note that we cannot guarantee an allergen free environment.

Information correct at time of print, July 2022. All information on this matrix is subject to change without notice.

the oak house main menu

	Suitable for	Suitable for		Cereals											Sulphur	
	Vegetarians	Vegans	Celery	containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Dioxide &	Nuts
	vegetariaris	vegans		gluten											Sulphites	
APPETISERS / FLATBREADS																
Flatbread & Raita	Yes			Yes					Yes						Yes	
Garlic & Lemon Olives	Yes	Yes														May
Flatbread, Olive oil, garlic butter	Yes			Yes					Yes						May	
Crispy fried halloumi	Yes								Yes		Yes					
Jackfruit fritters	Yes	Yes		Yes											Yes	
Mini beef meatballs						Yes			Yes						Yes	
Red wine chorizo sausage															Yes	
Chicken parmigiana flatbread				Yes		Yes			Yes							
Meatball flatbread				Yes		Yes			Yes							
Roast olive flatbread'	Yes	Yes		Yes									Yes			May
Butterrnut & goat cheese flatbread	Yes			Yes					Yes							
STARTERS																
Homemade Soup of the day	Yes			Yes					Yes				May			
Chicken liver mousse				Yes		Yes			Yes					May	Yes	
Pork spring roll				Yes					Yes				Yes		Yes	
Cajun chicken taco			Yes						Yes							
Smoked salmon tartare				Yes			Yes		Yes				May		Yes	May
Crispy duck oatcake				Yes								May		Yes		May
Creamy garlic mushrooms	Yes			Yes		Yes			Yes				May	May		May
Aubergene & Garlic Caviar	Yes	Yes		Yes									May			
Chicken caesar salad				Yes		Yes			Yes				May			
Butternut & cranberry salad	Yes	Yes									Yes				Yes	Yes
Jackfruit salad	Yes	Yes		Yes									Yes	Yes	Yes	
MAIN COURSES																
Beer Battered Haddock Fillet				Yes		Yes	Yes		Yes		Yes				Yes	
Chicken thigh, ham and leek pie			Yes	Yes		Yes			Yes						Yes	
Baked Salmon with Orzo				Yes			Yes		Yes							
Chicken roulade						Yes			Yes						Yes	
Maple tenderloin pork									Yes						Yes	
Minced beef canneloni				Yes		May			Yes		May			May		
Minted lamb shank									Yes							
Lentil & chick pea balti	Yes	Yes		Yes											Yes	
Butternut squash tagliatelle	Yes	Yes		Yes												
Moddershall Beef Burger				Yes		Yes			Yes		Yes		May		Yes	
Cajun Chicken Burger				Yes		Yes					Yes		May		Yes	
Pulled Aubergene Burger	Yes	Yes		Yes									May		Yes	
Chicken club sandwich	Yes			Yes		Yes					Yes				Yes	
Steak Sandwich				Yes		Yes					Yes		May		Yes	
8oz Fillet Steak															Yes	
8oz Sirloin Steak															Yes	
10oz T-Bone Steak															Yes	
8oz Rib-Eye Steak															Yes	
SIDES & SAUCES																
Skin On Triple Cooked Chips	Yes	Yes														
Sweet Potato Fries	Yes	Yes														
Sauteed new potatoes	Yes								Yes							
Dressed House Salad	Yes	Yes													Yes	
Beer Battered Onion Rings	Yes			Yes												
Honey roasted carrots	Yes															
Garlic flatbread	Yes			Yes					Yes							
Peppercorn sauce	Yes								Yes		Yes				Yes	
Diane Sauce	Yes								Yes		Yes				Yes	
Blue Cheese Sauce	Yes					Yes			Yes							
Tomato & parmigiana sauce	Yes					Yes			Yes							

desserts menu

DESSERTS												
Triple chocolate brownie	Yes		Yes	Yes		Yes		May				May
Sticky toffee pudding	Yes		Yes	Yes		Yes				Yes		May
Lemon curd tart	Yes		Yes	Yes		Yes					Yes	
White chocolate cheesecake	Yes		Yes	Yes		Yes						
Sugar baked pineapple	Yes	Yes						May		Yes	Yes	May
Spiced apple choux buns	Yes		Yes	Yes		Yes				Yes	Yes	
Dark chocolate truffle torte				Yes		Yes		May			Yes	May
Ice cream selection	Yes							May				May
Sorbet	Yes	Yes						May				May
Cheese & biscuits	Yes		Yes	May		Yes			May	May		May

the oak house children's menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
STARTERS																
Tomato soup served with warm bread and butter	 Image: A second s	 Image: A second s	Yes	Yes								May	May			May
Cheesy garlic bread	× -			Yes					Yes			May	May			May
Garlic bread	× -			Yes					Yes			May	May			May
Mozzarella sticks served with tomato ketchup	× -			Yes		Yes	May		Yes			May	May			May
MAIN COURSES																
Battered fish goujons with skin-on fries and a choice of seasonal vegetables or beans				Yes		Yes	Yes		May			May	May			May
Popcorn chicken with skin-on fries and a choice of seasonal vegetables or beans				Yes		Yes	May		May			May	May			May
Macaroni and cheese	× -			Yes		Yes						May	May			May
Quorn burger with skin-on fries and a choice of seasonal vegetables or beans	×	× .		Yes		May	May		May			May	May			Мау
DESSERTS																
Two scoops of homemade ice cream	× -			May		May			Yes			May	May			May
Chocolate brownie bites	× -			Yes		Yes			Yes			May	May			May
Warm waffle topped with ice cream and chocolate sauce	× -			Yes		Yes			Yes			May	May			May

the oak house festive menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
STARTERS																
Soup of the day	~	~		Yes					Yes (butter portion)							
Chicken Liver Parfait				Yes		Yes			Yes				May		Yes	
Baked goats cheese tart	×			Yes		Yes			Yes						Yes	
MAIN COURSES																
Slow Roasted Braised Steak				Yes		Yes			Yes		Yes				Yes	
Roast Turkey Crown				Yes					Yes					Yes	Yes	
Root Vegetable Nut Roast	~	1		Yes										May	Yes	
DESSERTS																
Traditional Christmas Pudding	×					Yes			Yes			May			Yes	Yes
Cinnamon Baked Pineapple	*	× -										May		Yes	Yes	May
Chocolate Brownie	×			Yes		Yes			Yes			May				May

breakfast menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
Breakfast Menu																
Fruit salad	×	 ✓ 														
Greek yoghurt	× -															
Granola	×			Yes								May	May			May
Fruit compote	×															
Selection of pastries	×			Yes		Yes			Yes			May	May			May
Corn flakes	×			Yes								May	May			May
Coco pops	×			Yes								May	May			May
Rice krispies	1			Yes								May	May			May
Full English				Yes		Yes			Yes					Yes	Yes	
Vegetarian breakfast	×			Yes		Yes			Yes						Yes	
Vegan breakfast	1	×		Yes								May	May		Yes	May
Egg benedict				Yes		Yes			Yes			May	May	May		May
Egg florentine	×			Yes		Yes			Yes			May	May	May		May
Avocado Smash on Toast	× -			Yes		Yes						May				May
Banana Pancakes	×			Yes		Yes			Yes							
Berry Pancakes	×			Yes		Yes			Yes							
Bacon Pancakes				Yes		Yes			Yes							
Banana Brioche French Toast	×			Yes		Yes			Yes			May	May	May		May
Berry Brioche French Toast	×			Yes		Yes			Yes			May	May	May		May
Bacon Brioche French Toast				Yes		Yes			Yes			May	May	May		May
Oatcakes	×			Yes					Yes							
Cumberland Sausage				Yes										Yes	Yes	
Baked Beans	×	 ✓ 														
Cheddar Cheese	×								Yes							
Tomatoes	 Image: A second s	 ✓ 														
Back Bacon	 ✓ 															
Mushrooms	×	1														

balcony bar light bites menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
APPETISERS																
Toasted Pitta & Houmous	Yes			Yes		May			May				Yes			
Garlic & Lemon Olives	Yes	Yes														May
Tempura Courguette	Yes	Yes		Yes										Yes		
Crispy fried halloumi	Yes			May		Yes			Yes		Yes					
Baked Bread, Oil & Balsamic	Yes			Yes		May			May					May	Yes	
BBQ & Honey Chipolatas				Yes							May			Yes	Yes	
Roasted Chicken Wings with Chilli													Yes		May	

the oak house sunday menu

	Suitable for Vegetarians	Suitable for Vegans	Celerv	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
MAIN COURSES																
Roasted Pork Loin				Yes					Yes					May		
Roasted Topside Of Beef				Yes		Yes			Yes		Yes				Yes	
Vegetable & Pine Nut Roast	1	× -		Yes										May	Yes	
Cauliflower Cheese	1								Yes							
Vegan Cauliflower Cheese	✓	 Image: A second s												Yes		

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	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
Peanut & Banana Bagel	~			Yes- Wheat					Yes			Yes				May
Cream Cheese & Rocket Bagel	· ·			Yes- Wheat					Yes			TES				Iviay
Nutella & Strawberry Bagel	1			Yes- Wheat					Yes					Yes		Yes- Hazelnut
Avocado & Sundried Tomato (butter) Bagel	×			Yes- Wheat					Yes							- ALCONOL
Cheese & Chutney Bloomer	×			Yes- Wheat/Rye/Oat					Yes					Yes		
Cheese & Ham Bloomer				Yes- Wheat/Rye/Oat					Yes					Yes		
Vegan Cheese Substitute Bloomer	× -	1		Yes- Wheat/Rye/Oat										Yes		
Halloumi & Sweet Chilli Panini	×			Yes- Wheat					Yes						Yes	
BBQ Pulled Pork Panini				Yes- Wheat											Yes	
Tuna Melt Panini				Yes- Wheat		Yes	Yes		Yes						Yes	
Tomato & Cheeses Oatcake	×			Yes- Wheat					Yes							
Sausage & Cheese Oatcake				Yes- Wheat					Yes							
Vegan Cheese Oatcake	×	×		Yes- Wheat										Yes		
Avocado & Sour Cream Nachos	×			Yes- Wheat					Yes							
Cheese & Pulled Pork Nachos				Yes- Wheat					Yes							
Waffle Platter				Yes- Wheat		Yes			Yes					Yes		Yes- Hazlenut
Cream Tea Platter				Yes- Wheat		Yes			Yes							
Meze Board - Ham				Yes- Wheat		May			May				May	Yes	Yes	
Meze Board - Cheese	×			Yes- Wheat		May			Yes				May	Yes	Yes	
Meze Board - Avocado	×	- X		Yes- Wheat		May			May				May	Yes	Yes	
Meze Board- Halloumi	×			Yes- Wheat		May			Yes				May	Yes	Yes	
Cheese Board	1			Yes- Wheat		May			Yes				May	May	Yes	May
Toasted Tea Cake				Yes- Wheat					Yes				May			
Bread & Houmous				Yes- Wheat		May			May				Yes	Yes	Yes	
Granola Pot, Yoghurt, Berry Compote				Yes- Wheat, oat, barley, rye										Yes		Yes- Almond
Burts Chedder Crisps									Yes							

made menu

	Suitable for Vegetarians		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
BRUNCH																
Acai smoothie bowl	✓	✓	Yes	Yes								Yes	Yes	Yes	Yes	Yes
Toasted sourdough with avocado and tomato	×	✓		Yes								May	Yes	Yes		May
Toasted sourdough with peanut butter and banana	~	~	Yes	Yes								Yes	Yes	Yes	Yes	Yes
Loaded sausage butty	×	~	Yes	Yes								May	May	Yes		May
Chickpea pasta salad	~	~		Yes								Yes	Yes	Yes		Yes
Pink & green flatbread	×	~		Yes							Yes	May	Yes	Yes		Yes
Tofu toast	×	×		Yes								May	Yes	Yes		May
Chocolate & strawberry toast	×	×	Yes	Yes				Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes
SNACKS																
Oat bites	✓	✓		Yes								Yes	Yes	Yes	Yes	Yes
Snicker bites	✓			Yes					May			Yes	Yes	Yes	Yes	Yes
PB cups	×			May		May			May			Yes	Yes			Yes
SMOOTHIES Green elixir	✓	 ✓ 		Yes								Yes	Yes	Yes		Yes
Super berry	· •	· ·		May								May	May	Yes		Yes
Tropical boost			Yes	Yes							Yes	Yes	Yes	Yes		Yes
Biscoff shake				Yes								May	May	Yes		Yes
SMOOTHIES																
OG greens	×	×		Yes								May	May			May
Sweet beet	✓	~		May								May	May			May
The glow	×	×		May								May	May			May
Tropical greens	×	~		May								May	May			May
BOOSTERS																
Immunity	 ✓ 	✓		May								May	May			May
Energy	×	×		May								May	May			May
HOT DRINKS																
Tea pigs tea	✓	✓		May								May	May			May
Ringtons tea	 ✓ 	✓		May								May	May			
Espresso	✓	✓		May								May	May			May
Americano	✓	×		May								May	May			May
Flat White	✓	×		Мау								May	May			May
Cappunico	×	×		Мау								May	May			May
Latte	×	×		Мау								May	May			May
Specialist latte	×	×		May								May	May			May
Raw hot chocolate	✓	~		Мау								May	May			May
MILKS																
Almond milk	✓	✓		May								May	May			Yes
Oat milk	✓	✓		Yes								May	May			May
Soya milk	✓	✓		Мау								May	May	Yes		Мау
Coconut milk	 Image: A second s	×		Мау								May	May			May

made menu

	Suitable for Vegetarians		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
SYRUPS The groovy food company agave																
nectar rich & dark	✓	✓		May								Мау	May			May
The groovy food company agave nectar light amber & mild	✓	✓		May								May	May			May
Sweet freedom choc shot	×	×		May								May	May			May
Sweet freedom choc shot winter spice	×	×		May								May	May			May
Sweet freedom cinnamon syrup	×	×		May								May	May			May
Sweet freedom caramel syrup	×	×		Мау								May	May			Мау
Biona organic maple agave syrup	×	×		Мау								May	May			May
SPECIAL LATTE - ALCHEMY																
Alchemy beyond beetroot elixir	✓	✓		May								May	May			May
Alchemy maho matcha elixir	✓	✓		May								May	May			May
Alchemy original chai elixir	✓	✓		Мау								May	May			May
Alchemy golden tumeric elixir	 Image: A set of the set of the	 Image: A second s		May								May	May			May
GRAB AND GO DRINKS																
The Curse	✓			May					May			May	May	May		May
Mangajo red grape & rooibos tea	✓	✓		May								May	May			May
Ipro hydrate berry mix flavour	×	✓		May								May	May			May
Ipro hydrate citrus blend flavour	×	✓		May								May	May			May
Ipro hydrate mango flavour	✓	×		Мау								May	Мау			May
Nocco-Caribbean	 ✓ 	✓		May								May	May			May
Nocco-blood orange	× -	×		May								May	May			May
Nocco-limon del sol	×	×		May								May	May			May
Nocco BCAA - passion	×	×		May								May	May			May
Nocco BCAA - citrus / elderflower	×	×		May								May	May			May
Nocco BCAA - miami strawberry	×	×		May								May	May			May
Nocco BCAA - ice soda	×	×		May								May	May			May
Nocco BCAA - apple	×	×		May								May	May			May
Barebells milkshake - strawberry	×			May					Yes			May	May			May
Barebells milkshake - vanilla	×			May					Yes			May	May			May
Barebells milkshake - chocolate	✓			May					Yes			Мау	May			May
Barebells milkshake - banana	✓			May					Yes			May	May			May
Jimmy's iced coffee original - coffee and milk	~			May					Yes			May	May			May
Jimmy's iced coffee mocha - coffee and chocolate	~			May					Yes			May	May			May
Jimmy's iced coffee mocha - Belgian chocolate	~			May					Yes			May	May			May
Jimmy's extra shot flat white	~			May					Yes			May	May			May
The gutsy captain kombucha - ginger and lemon	~	1		Мау								May	May			May
VIT-HIT perform orange, mango + passionfruit matcha tea + amino acids	~	~		May								May	May			May
VIT-HIT boost berry roobois tea +	~	~		May								May	May			May
ginseng VIT-HIT sparkling pink grapefruit lime with white tea	✓	~		May								May	May			May
with white tea VIT-HIT sparkling mango pineapple	✓	~		May								May	May			May
with Rooibos tea																



	Suitable for Vegetarians		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
GRAB AND GO SNACKS																
Bounce Millionnaire	×								May			Yes		Yes		Yes
Bounce Chocolate Brownie	×								May					Yes		May
Brave roasted peas - paprika and chilli	×	 Image: A set of the set of the		May								May	May			May
Doisy and Dam dark chocolate buttons	×	×		May					May			May	May	Yes		May
Pri's pudding pecan pie	×			Yes		May			May			May	May		May	Yes
Doisy and Dam diddles dark chocolate maple, toasted rice & pink salt	×	×		Мау					May			May	May	May		May
Barebells vegan salty peanut protein bar	×			Мау		May			May			Yes	May	Yes		Yes
Barebells vegan hazlenut & nougart protein bar	×			May		May			May			May	May	Yes		Yes
Barebells white chocolate almond protein bar	×			May		May			Yes			May	May	Yes		Yes
Barebells cookies and cream protein bar	×			May		May			Yes			May	May	Yes		Yes
Barebells double bite caramel crisp protein bar	×			May		May			Yes			Мау	May	Yes		Yes
Barebells double bite chocolate crisp protein bar	×			Мау		May			Yes			Мау	Мау	Yes		Yes
Kind caramel almond & sea salt bar	 Image: A second s			Мау					Yes			May	May	Yes		Yes
Kind breakfast blueberry almond	 Image: A second s			May								May	May			Yes
Kind breakfast honey oat	✓	×		Yes								May	May			Yes
Hippeas chickpea tortilla rockin' ranch	✓	×		May								May	May			May
Hippeas chickpea tortilla chilli kicks	✓	×		May								May	May			May
Hippeas chickpea puffs take it cheesy	✓	×		May								May	May			May
Hippeas chickpea puffs sweet chilli haze	✓	×		Мау								May	May			May
Hippeas chickpea puffs salt & vinegar vibes	×	×		Мау								Мау	May			May
Hippeas chickpea puffs sweet & smokin'				Мау								Мау	Мау			May

wedding breakfast menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
STARTERS																
Event bread and butter	 ✓ 			Yes					Yes			May	May			May
Chicken liver parfait, date and almond biscotti, caper raisin puree				Yes		Yes			Yes			Yes	Yes			Yes
Prawn and crayfish cocktail, Marie				Yes	Yes	Yes			Yes			May	May			May
rose sauce with whole meal bread Confit duck croquet, Asian slaw, burnt																
spring onion dip				Yes		Yes	May		Yes			May	Yes			May
Citrus smoked salmon, caviar mascarpone, pickled cucumber, gin and tonic granita				May			Yes		Yes			Мау	May			May
Herb crusted goats cheese fritter, boozy beetroot chutney, pea shoot	~			Yes		Yes			Yes			May	May		Yes	May
salad Harrisa roasted cauliflower, apricot puree, lemon pastilles and flaked	~	~		May								Мау	Мау			Yes
almonds Trio of roasted beets, basil yoghurt,																
candied walnuts and micro herbs	✓	✓		May					Yes			May	May			Yes
Choice of homemade soups	×	×	Yes	May								May	May			May
MAIN COURSES																
Braised Staffordshire steak, red wine gravy, creamed potato, braised cabbage, roasted broccoli			Yes	May					Yes			May	May		Yes	May
Grilled pork loin steak, creamed potato, fine beans, apple puree, cider gravy			Yes	Мау					Yes			May	Мау		Yes	May
Grilled chicken breast, roasted new potatoes, braised carrot, roasted broccoli, tarragon gravy			Yes	May								May	May			May
Roast chicken supreme, sage and onion stuffing, creamed potatoes, braised carrots, fine green beans,			Yes	Yes					Yes		Yes	May	May			May
Diane sauce Pan fried salmon fillet, crushed new potato, cherry tomatoes, fine green beans, lemon caper butter sauce				May			Yes		Yes			May	May			May
Braised lamb shoulder, creamed potatoes, braised carrots, roasted			Yes	May								May	May			May
broccoli, minted lamb gravy Chargrilled Hereford rump steak, fondant potato, fine green beans,			Yes	May					Yes			May	May			May
peppercorn sauce																
Herb crusted cod, saffron potatoes, fine beans, langoustine bisque Fillet of sea bass, crushed new				Yes	Yes		Yes			Yes		May	May			May
potatoes, cherry tomatoes, roasted broccoli, salsa Verde				May			Yes		Yes			May	May			May
Roast and stuffed courgette, braised carrot, roast broccoli, romesco sauce	~	~	Yes	May								May	May			Yes
Cauliflower steak, braised carrot, fine green beans, roasted new potatoes, salsa Verde	~	~		May								May	May			May
Beetroot risotto, vegan pesto, chopped walnuts, beetroot crisps	✓	✓	Yes	May								May	May			Yes
DESSERTS Baked lemon cheesecake, lemon	✓			Yes					Yes			May	May			May
sorbet, raspberry gel Hot sticky toffee pudding,																
butterscotch sauce, caramel ice cream	✓			Yes		Yes			Yes			May	May			May
Eton mess, vanilla meringue, compressed strawberries, Chantilly cream	~			May		Yes			Yes			May	May			May
Dark chocolate brownie, chocolate sauce, almond brittle, vegan vanilla ice cream	~	~		Yes		Yes			Yes			May	May			Yes
Chocolate cheesecake, caramelised banana chocolate ice cream	×	×		Yes		Yes			Yes			May	May			May
Mixed macaroons	~			Yes		Yes						May	May			Yes
Mixed truffles	1								Yes			May	May			May

wedding breakfast menu

	Suitable for Vegetarians		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
CHILDREN'S MENU																
Tomato soup, warm bread and butter	×			Yes					Yes			May	May			May
Trio of melon	×	×		Мау								May	May			May
Cheesy garlic bread	×			Yes					Yes			May	May			May
Chicken breast dippers, chips and seasonal vegetables				Yes					Yes			May	May			May
Homemade cod and chips and seasonal vegetables				Yes			Yes		Yes			May	May			May
Macaroni cheese with seasonal vegetables	×			Yes					Yes			May	May			May
Cheesecake, vanilla ice cream	×			Yes		Yes			Yes			May	May			May
Sticky toffee pudding, vanilla ice cream	×			Yes		Yes			Yes			May	May			May
Brownie with rocky road toppings, vanilla ice cream	 Image: A second s			Yes		Yes			Yes			May	May			May
INTERMEDIATE & POST DESSERT PETIT Kir Royale lemon sorbet with crème de				Мау								May	Мау			May
cassis Frozen Bellini Champagne sorbet with white peach puree	· ·			May								May	Мау			May
Mixed Macaroons	~			Мау								May	Мау			May
Mixed truffles	×			Мау								May	Мау			May



	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
				gluten											Sulphites	
AFTERNOON TEA Cucumber and mint cream cheese	✓			Yes					Yes			May	May			May
Ploughman crackers				Yes					Yes			May	May			May
Smoked salmon and citrus				Yes			Yes		Yes			May	May			May
mascarpone Ham wrap rolls				Yes								May	May			May
Coronation chicken poppadom				Yes								May	May			May
Pork pie				Yes		yes			Yes		Yes	May	May			May
				Yes		Yes			Yes		165	May	May			May
Scotch egg	×															
Carrot cake				Yes		Yes			Yes			May	May			May
Lemon drizzle	 ✓ 			Yes		Yes			Yes			May	May			May
Chocolate orange fancy	 ✓ 			Yes		Yes			Yes			May	May			May
Chocolate dipped strawberry	✓			Мау								May	May			May
Scones	✓			Yes		Yes			Yes			May	May			May
Fruit scones	✓			Yes		Yes			Yes			May	May			May
Fruit jam	✓			May								May	May			May
HOST A ROAST Option 1 Topside beef, Yorkshire pudding, horseradish, English mustard and red wine gravy				Yes		Yes			Yes		Yes	May	May		Yes	May
Option 2 Roast loin of pork, sage and onion stuffing, crackling, apple puree, calavados apple brandy gravy				Yes								May	Мау		Yes	Yes
Herb roast potatoes	✓	~		Мау								May	May			May
Cauliflower cheese gratin	~			Мау					Yes			May	May			May
Seasonal vegetables	✓	✓		May								May	May			May
Creamed mash potato	×			May					Yes			May	May			May
Pigs in blanket				May								May	May			May
CANAPES																
Honey glazed pork belly				May								May	May			May
Mini chicken Caesar				Yes		Yes	Yes		Yes			May	May			May
Honey BBQ chipolatas				Yes								May	May			May
Southern fried chicken				Yes			May		Yes			May	May			May
Mini cheeseburger in a bun				Yes					Yes			May	May			May
Chicken liver parfait tartlet				Yes		Yes			Yes		Yes	May	May			May
Onion bhaji and mango chutney	✓	✓		Yes		Yes			Yes		Yes	May	May			May
Goats cheese and tomato tartlets	✓			Yes					Yes			May	May			May
Mini duck oatcakes				Yes					Yes			May	May			May
Filo parcels				Yes					Yes			May	May			May
Falafel and mint yoghurt	×	✓		Yes					Yes			May	May			May
Mini salmon fishcake				Yes		Yes	Yes		Yes			May	May			May
BLUSH LOUNGE Deli board 1 Selection cured meats, feta, hummus, olives, toasted pitta, grapes, sundried tomatoes with roasted pepper				Yes					Yes			May	May			May
Deli board 2 Breakfast pastries, fresh fruit, granola pots	~			Yes		Yes			yes			May	May			Yes

wedding	menus
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	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	
BUFFET				Yes					Yes			May	May			Mary
Home made sausage rolls				Yes								May	May			May
Handmade pork pie and pickles Brie, caramelised onion and lemon				Yes		Yes			Yes		Yes	May	May			May
thyme tart	✓			Yes					Yes			May	May			May
Goats cheese and red onion filo parcels	✓			Yes					Yes			May	May			May
Pulled pork with sage and onion crostini				Yes								May	May			May
Teriyaki beef and sesame skewers				May								May	Yes			Yes
Onion bhajis & vegetable pakora	✓			Yes		Yes	May		Yes	Yes		Мау	May			May
Sticky BBQ chicken				Yes								May	May			May
Tiger prawns kebab				May	Yes					Yes		Мау	May			May
Lamb koftas				Yes					Yes			May	May			May
Potato and pasta salad	✓			May					Yes			May	May			Мау
Coleslaw	 ✓ 			May								May	May			May
Deli sandwiches	✓			Yes								May	May			May
Pizza baguettes	· •			Yes								May	May			May
Garlic bread	 ✓ 			Yes					Yes			May	May			May
Handcut chips	✓	✓		May			May		May			May	May			May
Wedges	✓	✓		May			May		May			May	May			Мау
Roast potatoes with red onions	× -	×		May								May	May			Мау
Chicken or chargrilled vegetable skewers:- Sweet chilli	×	×		May								May	May			May
Chicken or chargrilled vegetable skewers:- Lime and coriander	✓	~		May								May	May			Мау
Chicken or chargrilled vegetable	✓	~		May								Yes	May			Yes
skewers:- Satay Chicken or chargrilled vegetable	✓	✓		May					Yes			May	May			May
skewers:- Tikka Chicken or chargrilled vegetable				May								May	May			May
skewers:- Piri piri Chicken or chargrilled vegetable	· ·													Nee		
skewers:- Honey, soy and sesame STANDARD BBQ	V			Yes								May	Yes	Yes		May
Beef burgers with salad and cheese				Yes					Yes			May	May			Мау
Hot dogs with onions				Yes					Yes			May	May			May
Chicken fajitas				May								May	May			May
Minted new potatoes	√	~		May								May	May			May
															<u> </u>	
Garden salad HOT ROAST BAPS	✓	 ✓ 		May								May	May]	May
Hot roast & stuffing baps				Yes								May	May			May
Jack fruit baps	1	~		Yes								May	May			May
Potato slad	 ✓	· •		May								May	May			May
Pasta salad	· ✓	• •				Vec			Yes							
				Yes		Yes			Tes			May	May			May
Coleslaw	 ✓ 	 ✓ ✓ 		May								May	May			May
Potato wedges BRITISH	✓	~		May			Мау					Мау	Мау			May
Mini Yorkshire pudding with roast				Yes					Yes			May	May			May
beef Herb and garlic new potatoes	~	1		May								May	May			May
						Vac	Vac		Ver							
Hake goujons Bubble and squeak	✓	~		Yes		Yes	Yes		Yes			May	May			May
	V			May								May	May			May
Scotch eggs				Yes		Yes			Yes			May	May			May
Home made sausage rolls				Yes					Yes			May	May			May



	Suitable for Vegetarians		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
INDIAN				May					Yes			Mari	Mary			Mary
Chicken tika pieces	~								Tes			May	May			May
Saag aloo potatoes		✓		Мау							Yes	May	May			Yes
Onion bhajis	✓			Yes		Yes	May		Yes			May	May			May
Mini nann bread	✓			Yes					Yes			May	May			May
Vegetable coconut curry	✓	✓		May								May	May			May
Poppadoms dips and chutneys	 ✓ 	✓		Yes			May		Yes		Yes	May	May			Yes
ITALIAN Pesto and mozzarella pasta	✓			Yes		Yes			Yes			May	May			Yes
	•					Tes			Tes			May				
Cured Italian meats				Мау								May	May			May
Olives and sundried tomatoes	 ✓ 	✓		May								May	May			May
Selection of Italian cheese	✓			May					Yes			May	May			May
Meatballs in tomato sauce				Yes								May	May			May
Parmesan crusted aubergine	✓			May					Yes			May	May			May
Rocket and parmesan salad	×			May					Yes			May	May			May
MEXICAN															1	
Slow cooked Mexican chilli beef				May								May	May			May
Lime and coriander rice	✓	✓		May								May	May			May
Tortilla chips	✓	✓		Yes								May	May			May
Salsa	×	× -		May								May	May			May
Sour cream				May					Yes			May	Мау			May
Guacamole	~	~		May								May	May			May
Spicy chicken quesadillas				Yes					Yes			May	May			May
Spicy cheese quesadillas	1			Yes					Yes			May	May			May
SPANISH																
Mini chorizo baked in red wine and thyme				May								May	May		Yes	May
Smoked paprika chicken wings				Мау			May		May			May	May			May
Patas bravas spicy tomato aioli	~	~		May					Yes			May	May			May
Ensalada rusa				May		Yes			Yes			May	May			May
Calamari				Yes	Yes		May		Yes	Yes		May	May			May
Gambas pil pil skewers				May	Yes					Yes		May	May			May
CHEESE TOWER																
Cheese tower	1			Yes					Yes		Yes	May	May			May

condiments menu

	Suitable for Vegetarians		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
Ketchup	×	✓	YES									May	Мау			Мау
HP sauce	~	×		YES								May	May			May
Mayonnaise						YES						May	May			May
Vegan mayonnaise	1	1										May	May			May
BBQ sauce				YES								May	May			May
Hoi sin	×	1										May	May	YES		May
Horseradish	×	×				YES					YES	May	May			May
Wholegrain mustard	1	1									YES	May	May			May
Apple sauce	×	×										May	May			May
English mustard	×	×		YES							YES	May	May			May
Worcestershire sauce	×	×		YES			YES					May	May			May
Sweet pickle	×	×		YES								May	Мау		YES	May

signature cocktails & mocktails

	Suitable for Vegetarians		Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluses	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphitor	Nuts
Rhubarb & Ginger Sour	× .	٨														
Key Lime Slice	*								*							
Mount Almondo	× .	*														*
Blush Noon	× .														*	
Buena Onda	*	*														
Clover Club	*														*	
Bubblegum Pina Colada	× .								*							
Pornstar Martini	× .														×	
Hugo Spritz	× .														~	
Flaming Zombie	× .	*														
Kentucky Mule	*	٠														
Pink Fizz	1	*														
Strawberry Swing	1	*														
Watermelon Nojito	1	1														
Tropical Zinger	1	*														1

cocktail mixers

Cocktail Mixers										
Marie Brizard	1	1								
Elderflower	4	1								
Lavendar	1	1								
Watermelon	4	1								
Cardamon	~	1								
Ginger	4	1								
Cinnamon	~	1								
Passionfruit	~	1								
Gomme	4	1								
Orgeat	1	1								YES
Blood Orange	1	1								
Cassis	4	1								
Britvic Lime Cordial	~	1								
Britvic Orange Cordial	1	1								
Britvic Blackcurrant Cordial	1	1								
APPENDIX AND SHOWN FOR IN SHOT									•	21

spirits and liquors

	Suitable for Vegetarians		Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphitor	Nuts
Vodka																
Smirnoff	1	*														
Grey Goose	×	*														
Gin																
Gordons	×	*														
Tanqueray	× .	 ✓ 														
Pink Gin Edgertons	1	×														
Rhubarb Warner Edwards	1	1														
Rum																
Captain Morgan	1	1														
Mount Gay Edipse	×	✓														
Bacardi	1	~														
Malibu	1	1														
Brandy																
Martell VS	1	~														
Martell VSOP	1	~														
Martell XO	1	1														
Whiskey																
Johnnie Walker Red	*	*														
Johnnie Walker Black	*	✓														
Jamesons	×	~														
Jack Daniels	*	✓														
Gentleman Jack	×	~														
Southern Comfort	×	✓														
Martini Dry	*	✓											YES			
Martini Rosso	×	✓											YES			
Martini Bianco	*	1											YES			
Campari	*	✓											YES			
Pimms	*	✓														
Aperol	1	1														

spirits and liquors

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphitor	Nuts
Port/Sherry																
Grahams Six Grapes	*	*											YES			
Grahams LBV	*	~											YES			
Grahams Tawny	*	*											YES			
Barbadillo	1	✓											YES			
Liquors																
Tia Maria	*	1														
Baileys	1								YES							
Gran Marnier	~	*														
Cointreau	*	✓														
Drambule	*	✓														
Amaretto Disaronno	*	×														
Jagermeister	*															
Chambord	1	1														
Sambucca/Tequila	* *	*														
Luxardo Sumbucca	 ✓ 	*														
Jose Cuervo White																
After Dinner Drinks	4	4														
Talisker	· ·	• •														
Glenmorangie	· ·	· •														
Laphroig	4	4														
Grappe	*	4														
Calvados	4	4														
Remy VSOP	1	4														
Remy XO Grahams LBV	*	4													YES	
Grahams Tawny	~	1													YES	

wines and sparkling

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphiter	Nuts
White Wine				audao											Summiraci	
Beyond the river chardonnay - Australia	×	×													YES	
Cortefresca Pinto Grigio - Italy	*	×													YES	
Olmeka Sauvignon Blanc - New Zealand	1	×													YES	
Chenin Blanc Roos Estate - South Africa				YES											YES	
Paul Deloux Chablis	×	×													YES	
Chateau Langlois Sancerre															YES	
ll Forte Gavi - Italy	✓	~													YES	
Dr Zenzen Riesling Germany	×	 ✓ 													YES	
Rose Wine																
Wildwood Zinfandel Rose - Californina															YES	
Cielo Pinot Rose	×														YES	
Lady K Provence Rose - Provence															YES	
Red Wine																
Cepas Malbec - Argentina	✓	×													YES	
Beyond the river shiraz - Australia	✓	×													YES	
Casa Santiago Pinot Noir - Chile	1	1													YES	
Barolo Veglio Angelo D'Autun - Italy	✓														YES	
Chateauneuf du pape Curvee Paple	1	1													YES	
The Crossings Pinot Noir - New Zealand															YES	
Santiago Reserva Rioja - Spain	1	1													YES	
Cote de Rohne Noble Treilles - Rhone															YES	
Sparkling																
Il Caggio Prosecco	*	~													YES	
II Caggio Prosecco Rose	*	1													YES	<u> </u>
Ayala Brut															YES	<u> </u>
Ayala Rose															YES	<u> </u>
Bollinger Curvee															YES	



	Suitable for Vegetarians		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
Draught Beer																
Amstell	1	1		YES												
Birra Moretti	1	*		YES												
Beavertown Neck Oil	1	~		YES												
Old Mout Flavoured Cider	1	~														
Bottled Beer																
Peroni	1	1		YES												
Birra Moretti	1	~		YES												
Heineken Zero 330ml	1	~		YES												
Magners	1	~														
Green King IPA	1			YES												

soft drinks

	Suitable for Vegetarians		Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphitor	Nuts
Soft Drinks																
Coke	*	*														
Diet Coke	× .	*														
Schwepps Tonic	× .	1														
Schwepps Slimline Tonic	1	1														
Schwepps Ginger Ale	1	1														
Schwepps Ginger Beer	1	1														
Sun Magic Apple	1	1														
Sun Magic Orange	1	1														
Sun Magic Cranberry	1	1														
Sun Magic Pineapple	1	1														
Belu Still Water 12 x 750ml	1	1														
Belu Sparkling Water 12 x 750ml	1	1														
Coke BIB	1	1														
Diet Coke BIB	1	1														
Schwepps Lemonade	1	1														