



Moddershall Oaks  
COUNTRY SPA RETREAT



ALLERGEN INFORMATION GUIDE

UPDATED APRIL 2024

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# introduction

This information identifies the 14 major allergens outlined by the Food Standards Agency which can be found in the food and drink we serve.

We are proud to produce food in our kitchens everyday but as we use many ingredients and shared equipment / utensils across multiple menu items, including those containing allergens, cross-contamination is managed but not to an allergen free-level. We therefore cannot guarantee any of our food is suitable for those with allergies due to high risk of cross-contamination. Whilst we take reasonable steps keep things separate, we cannot guarantee any item is allergen free even after ingredients have been removed on request. There is a possibility that trace allergens may be found in any item.

Ingredients containing allergens which are deep fried in our kitchens will use the same fryers as ingredients that do not contain allergens. There may be a risk of cross-contamination.

While the ingredient information is based on standard dish formulations, variations may occur. Please remember to check our guide and the ingredient matrix regularly as our dishes do change from time to time.

Customers with specific dietary needs must inform staff of their requirements, before ordering, to minimise the risk of cross-contamination. Our staff cannot offer specific advice or make recommendations beyond our published allergen communications.

Ingredients and specifications can change; so, even if you have dined with us before, it is important to review this information before ordering.

Any drinks or packaged products not outlined in this guide may require customers to check the packaging information of each product. Please ask a staff member should you need to see the product packaging.

Many of the ingredients we use are produced in factories which handle additional allergens. The manufacturers have controls in place and are subject to frequent audits, yet customers should be aware that there could be a small risk of cross-contamination.

For those with air borne allergies, please note that we cannot guarantee an allergen free environment.

Information correct at time of print, July 2022. All information on this matrix is subject to change without notice.

# The oak house main menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>STARTERS</b>																
Soup du jour	✓		Yes	Yes									May			
Goats cheese bon bons	✓			Yes		Yes			Yes						Yes	
Vegetable spring roll	✓			Yes					Yes				Yes	Yes	Yes	
Chicken & pine nut terrine			Yes	Yes					May				May	May		Yes
Chilli & lime crab cakes				Yes	Yes	Yes										
Hoisin duck oatcakes				Yes					Yes			May		Yes		May
Creamy garlic mushrooms	✓			Yes		Yes			Yes				May	May		May
Crispy tofu	✓	✓													Yes	
Chicken caesar salad				Yes		Yes			Yes				May	May		May
Salata horiatiki	✓								Yes						Yes	May
Mediterranean potato salad	✓	✓													Yes	
<b>MAIN COURSES</b>																
Beer Battered Haddock Fillet				Yes		Yes	Yes		Yes		Yes				Yes	
Lemon & parsley chicken			Yes			Yes			Yes						Yes	
Pan seared seabass					Yes		Yes		Yes	May						
Chicken thigh & chorizo pie			Yes	Yes		Yes			Yes		Yes					
Stuffed chicken fillet			Yes						Yes							
Honey pork in bacon									Yes						Yes	
Crispy sesame beef				Yes		Yes			May			May	Yes	May	Yes	May
Garlic & chilli prawns			Yes	Yes	Yes					Yes						
Leek & mushroom tagliatelle	✓	✓	Yes	Yes										Yes		
Mediterranean vegetable moussaka	✓	✓	Yes	Yes										Yes		
BBQ glazed beef burger				Yes		Yes			Yes		Yes		May		Yes	
Peri peri chicken burger				Yes		Yes			Yes		Yes		May			
Breaded mushroom burger	✓	✓		Yes									May			
Chicken club sandwich				Yes		Yes					Yes				Yes	
Steak sandwich				Yes		Yes					Yes		May		Yes	
8oz Sirloin Steak															Yes	
10oz T-Bone Steak															Yes	
8oz fillet steak															Yes	
10oz T-Bone Steak															Yes	
Roast topside of beef			Yes	Yes		Yes			Yes					May	Yes	
Roast pork loin			Yes	Yes					Yes							
Vegetable wellington	✓	✓	Yes	Yes										Yes	Yes	
<b>SIDES &amp; SAUCES</b>																
Skin On Triple Cooked Chips	✓	✓														
Sweet Potato Fries	✓	✓														
Sauteed new potatoes	✓								Yes							
Dressed House Salad	✓	✓													Yes	
Beer Battered Onion Rings	✓			Yes												
Garlic flatbread	✓															May
Peppercorn sauce	✓		Yes						Yes		Yes				Yes	
Red wine sauce	✓		Yes												Yes	
Blue Cheese Sauce	✓		Yes						Yes							

# desserts menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>DESSERTS</b>																
Triple chocolate brownie	✓			Yes		Yes			Yes			May				May
Sticky toffee pudding	✓			Yes		Yes			Yes					Yes		May
Lemon parfait	✓			Yes		Yes			Yes						Yes	
Chocolate fondant	✓			Yes		Yes			Yes			May				May
Blackberry mousse	✓	✓													Yes	
Rhubarb & custard tart	✓			Yes			Yes		Yes	May			Yes	May		May
Ice cream selection	✓											May				May
Sorbet	✓	✓										May				May
Cheese & biscuits	✓			Yes		May			Yes				May	May		May

# The oak house children's menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>STARTERS</b>																
Soup of the day with warm bread and butter	✓	✓		Yes								May	May			May
Cheesy ciabatta garlic bread	✓			Yes					Yes			May	May			May
Prawn cocktail on a bed of baby gem lettuce & wholemeal bread				Yes	Yes	Yes			Yes	Yes		May	May			May
<b>MAIN COURSES</b>																
Battered fish goujons, triple cooked chips with peas or beans				Yes			Yes					May	May			May
Homemade cheeseburger served with triple cooked chips				Yes			May					May	May			May
Breaded chicken served with triple cooked chips, peas or beans				Yes			May		Yes		May	May	May			May
Tomato pasta	✓	✓		Yes		Yes										May
Cheese & tomato flatbread	✓		Yes	Yes					Yes							May
<b>DESSERTS</b>																
Two scoops of ice cream or sorbet	✓			May		Yes			Yes			May	May			May
Chocolate sponge cake served with chocolate ice cream	✓			Yes		Yes			Yes			May	May			May
White chocolate and lemon cheesecake served with strawberry ice cream	✓			Yes					Yes			May	May			May



# breakfast menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>Breakfast Menu</b>																
Fruit salad	✓	✓														
Greek yoghurt	✓															
Granola	✓			Yes								May	May			May
Fruit compote	✓															
Selection of pastries	✓			Yes		Yes			Yes			May	May			May
Corn flakes	✓			Yes								May	May			May
Coco pops	✓			Yes								May	May			May
Rice krispies	✓			Yes								May	May			May
Full English				Yes		Yes			Yes					Yes	Yes	
Vegetarian breakfast	✓			Yes		Yes			Yes						Yes	
Vegan breakfast	✓	✓		Yes								May	May		Yes	May
Egg benedict				Yes		Yes			Yes			May	May	May		May
Egg florentine	✓			Yes		Yes			Yes			May	May	May		May
Avocado Smash on Toast	✓			Yes		Yes						May				May
Banana Pancakes	✓			Yes		Yes			Yes							
Berry Pancakes	✓			Yes		Yes			Yes							
Bacon Pancakes				Yes		Yes			Yes							
Banana Brioche French Toast	✓			Yes		Yes			Yes			May	May	May		May
Berry Brioche French Toast	✓			Yes		Yes			Yes			May	May	May		May
Bacon Brioche French Toast				Yes		Yes			Yes			May	May	May		May
Oatcakes	✓			Yes					Yes							
Cumberland Sausage				Yes										Yes	Yes	
Baked Beans	✓	✓														
Cheddar Cheese	✓								Yes							
Tomatoes	✓	✓														
Back Bacon	✓															
Mushrooms	✓	✓														

# light bites menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>APPETISERS / FLATBREADS</b>																
Flatbread with lemon & garlic aioli	✓			Yes		Yes					Yes					May
Garlic & Lemon Olives	✓	✓														May
Garlic flatbread, olive oil & balsamic	✓			Yes											Yes	May
Crispy fried halloumi with honey lemon	✓			Yes					Yes						Yes	
Smoked BBQ chipolatas				Yes										Yes	Yes	
Crispy whitebait with lemon & garlic aioli				Yes		Yes	Yes				Yes					
Battered squid rings with honey chilli				Yes						Yes						
Olive & feta flatbread	✓		Yes	Yes					Yes							May
Chorizo and red pepper flatbread			Yes	Yes					Yes					Yes		May
Green pesto & kale flatbread	✓	✓	Yes	Yes												Yes
Cheese & tomato flatbread	✓		Yes	Yes					Yes							May

# The oak house sunday menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>APPETISERS</b>																
Flatbread with lemon & garlic aioli	✓			Yes		Yes					Yes					May
Garlic & Lemon Olives	✓	✓														May
Garlic flatbread, olive oil & balsamic	✓			Yes											Yes	May
<b>STARTERS</b>																
Soup du jour	✓		Yes	Yes									May			
Goats cheese bon bons	✓			Yes		Yes			Yes						Yes	
Vegetable spring roll	✓			Yes					Yes				Yes	Yes	Yes	
Chicken & pine nut terrine			Yes	Yes					May				May	May		Yes
Chilli & lime crab cakes				Yes	Yes	Yes										
Hoisin duck oatcakes				Yes					Yes			May		Yes		May
Creamy garlic mushrooms	✓			Yes		Yes			Yes				May	May		May
Crispy tofu	✓	✓													Yes	
<b>MAIN COURSES</b>																
Roasted Pork Loin				Yes					Yes					May		
Roasted Topside Of Beef				Yes		Yes			Yes		Yes				Yes	
Vegetable wellington	✓	✓		Yes										Yes		
Beer Battered Haddock Fillet				Yes		Yes	Yes		Yes		Yes				Yes	
Chicken thigh & chorizo pie			Yes	Yes		Yes			Yes		Yes					
Leek & mushroom tagliatelle	✓	✓	Yes	Yes										Yes		
Mediterranean vegetable moussaka	✓	✓	Yes	Yes										Yes		
Chicken caesar salad				Yes		Yes			Yes				May	May		May
Salata horiatiki	✓								Yes						Yes	May
Mediterranean potato salad	✓	✓													Yes	
Lemon & parsley chicken			Yes			Yes			Yes						Yes	
BBQ glazed beef burger				Yes		Yes			Yes		Yes		May		Yes	
<b>SIDES &amp; SAUCES</b>																
Skin On Triple Cooked Chips	✓	✓														
Sweet Potato Fries	✓	✓														
Sauteed new potatoes	✓								Yes							
Dressed House Salad	✓	✓													Yes	
Beer Battered Onion Rings	✓			Yes												
Garlic flatbread	✓			Yes					Yes							May
Cauliflower cheese	✓			Yes					Yes							
<b>DESSERTS</b>																
Triple chocolate brownie	✓			Yes		Yes			Yes			May				May
Sticky toffee pudding	✓			Yes		Yes			Yes					Yes		May
Lemon parfait	✓			Yes		Yes			Yes						Yes	
Chocolate fondant	✓			Yes		Yes			Yes			May				May
Blackberry mousse	✓	✓													Yes	
Rhubarb & custard tart	✓			Yes			Yes		Yes	May			Yes	May		May
Ice cream selection	✓											May				May
Sorbet	✓	✓										May				May
Cheese & biscuits	✓			Yes		May			Yes				May	May		May



# roast dinner tapas

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>Roast Dinner Tapas</b>																
Beef in mini yorkshire pudding				Yes		Yes			Yes							
Mini vegetable wellington	✓	✓		Yes												
Pigs in blankets				Yes										Yes	Yes	
Roast potatoes	✓	✓														
Mashed Potato	✓								Yes							
Cauliflower cheese	✓								Yes		Yes					
Honey roast carrot & parsnips	✓															
Stuffing balls	✓	✓		Yes												
Gravy	✓	✓														
Red cabbage	✓	✓													Yes	
Mini yorkshire pudding	✓			Yes		Yes			Yes							

# the deli menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>DELI FOOD</b>																
Oatcake with tomato & cheese	✓			Yes					Yes							
Oatcake with sausage & cheese				Yes					Yes					Yes	Yes	
Oatcake with bacon & cheese				Yes					Yes							
Nachos, sour cream, guacamole & salsa	✓								Yes							
Nachos, pulled chicken & sour cream									Yes							
Cheese & onion toastie	✓			Yes										Yes		
Cheese & ham toastie				Yes										Yes		
Bagel with peanut butter & banana				Yes								Yes	May			May
Bagel with cream cheese & rocket	✓			Yes					Yes				May			
Bagel with avocado & sundried tomato	✓	✓		Yes									May			
Bagel with nutella & strawberries	✓			Yes					Yes				May	Yes		Yes
Panini with halloumi & sweet chilli	✓			Yes					Yes			May	May			May
Panini with BBQ pulled chicken				Yes									May			
Panini with tuna				Yes			Yes		Yes				May			
Waffles	✓			Yes		Yes			May					Yes		
Banana	✓	✓														
Strawberries	✓	✓														
Bacon																
Maple syrup	✓	✓														
Clotted cream	✓								Yes							
Nutella	✓								Yes					Yes		Yes
Scones	✓			Yes		Yes			Yes							
Strawberry jam	✓	✓														
Butter	✓								Yes							
Berry compote	✓	✓														
<b>Meze Board</b>																
Pitta bread	✓	✓		Yes					May							
Grapes	✓	✓														
Olives	✓	✓														May
Rocket	✓	✓														
Balsamic glaze	✓	✓													Yes	
Sundried tomatoes	✓	✓													Yes	
Cucumber	✓	✓														
Houmous	✓								Yes				Yes			
Vegetable crisps	✓	✓														
Halloumi	✓								Yes							
Avocado	✓	✓														
Ham																
<b>Cheeseboard</b>																
Blue stilton	✓								Yes							
Mature cheddar	✓								Yes							
Brie	✓								Yes							
Crackers	✓			Yes		May			Yes				May	May		May
Butter	✓								Yes							
Grapes	✓	✓														
Red onion chutney	✓	✓														
Cake of the day with clotted cream	✓			Yes		Yes			Yes							
Granola pot, yoghurt & berry compote	✓			Yes					Yes					May		Yes
Toasted tea cake with butter	✓			Yes					Yes				May			
Guacamole	✓	✓														
Olive oil	✓	✓														
Focaccia	✓	✓		Yes										Yes		

# made menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>BRUNCH</b>																
Acai smoothie bowl	✓	✓	Yes	Yes								Yes	Yes	Yes	Yes	Yes
Toasted sourdough with avocado and tomato	✓	✓		Yes								May	Yes	Yes		May
Toasted sourdough with peanut butter and banana	✓	✓	Yes	Yes								Yes	Yes	Yes	Yes	Yes
Loaded sausage butty	✓	✓	Yes	Yes								May	May	Yes		May
Chickpea pasta salad	✓	✓		Yes								Yes	Yes	Yes		Yes
Pink & green flatbread	✓	✓		Yes							Yes	May	Yes	Yes		Yes
Tofu toast	✓	✓		Yes								May	Yes	Yes		May
Chocolate & strawberry toast	✓	✓	Yes	Yes				Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes
<b>SNACKS</b>																
Oat bites	✓	✓		Yes								Yes	Yes	Yes	Yes	Yes
Snickers bites	✓			Yes					May			Yes	Yes	Yes	Yes	Yes
PB cups	✓			May		May			May			Yes	Yes			Yes
<b>SMOOTHIES</b>																
Green elixir	✓	✓		Yes								Yes	Yes	Yes		Yes
Super berry	✓	✓		May								May	May	Yes		Yes
Tropical boost	✓	✓	Yes	Yes							Yes	Yes	Yes	Yes		Yes
Biscoff shake	✓	✓		Yes								May	May	Yes		Yes
<b>SMOOTHIES</b>																
OG greens	✓	✓		Yes								May	May			May
Sweet beet	✓	✓		May								May	May			May
The glow	✓	✓		May								May	May			May
Tropical greens	✓	✓		May								May	May			May
<b>BOOSTERS</b>																
Immunity	✓	✓		May								May	May			May
Energy	✓	✓		May								May	May			May
<b>HOT DRINKS</b>																
Tea pigs tea	✓	✓		May								May	May			May
Ringtons tea	✓	✓		May								May	May			May
Espresso	✓	✓		May								May	May			May
Americano	✓	✓		May								May	May			May
Flat White	✓	✓		May								May	May			May
Cappuccino	✓	✓		May								May	May			May
Latte	✓	✓		May								May	May			May
Specialist latte	✓	✓		May								May	May			May
Raw hot chocolate	✓	✓		May								May	May			May
<b>MILKS</b>																
Almond milk	✓	✓		May								May	May			Yes
Oat milk	✓	✓		Yes								May	May			May
Soya milk	✓	✓		May								May	May	Yes		May
Coconut milk	✓	✓		May								May	May			May

# made menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>SYRUPS</b>																
The groovy food company agave nectar rich & dark	✓	✓		May								May	May			May
The groovy food company agave nectar light amber & mild	✓	✓		May								May	May			May
Sweet freedom choc shot	✓	✓		May								May	May			May
Sweet freedom choc shot winter spice	✓	✓		May								May	May			May
Sweet freedom cinnamon syrup	✓	✓		May								May	May			May
Sweet freedom caramel syrup	✓	✓		May								May	May			May
Biona organic maple agave syrup	✓	✓		May								May	May			May
<b>SPECIAL LATTE - ALCHEMY</b>																
Alchemy beyond beetroot elixir	✓	✓		May								May	May			May
Alchemy maho matcha elixir	✓	✓		May								May	May			May
Alchemy original chai elixir	✓	✓		May								May	May			May
Alchemy golden tumeric elixir	✓	✓		May								May	May			May
<b>GRAB AND GO DRINKS</b>																
The Curse	✓			May					May			May	May	May		May
Mangajo red grape & rooibos tea	✓	✓		May								May	May			May
Ipro hydrate berry mix flavour	✓	✓		May								May	May			May
Ipro hydrate citrus blend flavour	✓	✓		May								May	May			May
Ipro hydrate mango flavour	✓	✓		May								May	May			May
Nocco-Caribbean	✓	✓		May								May	May			May
Nocco-blood orange	✓	✓		May								May	May			May
Nocco-limon del sol	✓	✓		May								May	May			May
Nocco BCAA - passion	✓	✓		May								May	May			May
Nocco BCAA - citrus / elderflower	✓	✓		May								May	May			May
Nocco BCAA - miami strawberry	✓	✓		May								May	May			May
Nocco BCAA - ice soda	✓	✓		May								May	May			May
Nocco BCAA - apple	✓	✓		May								May	May			May
Barebells milkshake - strawberry	✓			May					Yes			May	May			May
Barebells milkshake - vanilla	✓			May					Yes			May	May			May
Barebells milkshake - chocolate	✓			May					Yes			May	May			May
Barebells milkshake - banana	✓			May					Yes			May	May			May
Jimmy's iced coffee original - coffee and milk	✓			May					Yes			May	May			May
Jimmy's iced coffee mocha - coffee and chocolate	✓			May					Yes			May	May			May
Jimmy's iced coffee mocha - Belgian chocolate	✓			May					Yes			May	May			May
Jimmy's extra shot flat white	✓			May					Yes			May	May			May
The gutsy captain kombucha - ginger and lemon	✓	✓		May								May	May			May
VIT-HIT perform orange, mango + passionfruit matcha tea + amino acids	✓	✓		May								May	May			May
VIT-HIT boost berry rooibos tea + ginseng	✓	✓		May								May	May			May
VIT-HIT sparkling pink grapefruit lime with white tea	✓	✓		May								May	May			May
VIT-HIT sparkling mango pineapple with Rooibos tea	✓	✓		May								May	May			May

# made menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>GRAB AND GO SNACKS</b>																
Bounce Millionaire	✓								May			Yes		Yes		Yes
Bounce Chocolate Brownie	✓								May					Yes		May
Brave roasted peas - paprika and chilli	✓	✓		May								May	May			May
Doisy and Dam dark chocolate buttons	✓	✓		May					May			May	May	Yes		May
Pri's pudding pecan pie	✓			Yes		May			May			May	May		May	Yes
Doisy and Dam diddles dark chocolate maple, toasted rice & pink salt	✓	✓		May					May			May	May	May		May
Barebells vegan salty peanut protein bar	✓			May		May			May			Yes	May	Yes		Yes
Barebells vegan hazlenut & nougart protein bar	✓			May		May			May			May	May	Yes		Yes
Barebells white chocolate almond protein bar	✓			May		May			Yes			May	May	Yes		Yes
Barebells cookies and cream protein bar	✓			May		May			Yes			May	May	Yes		Yes
Barebells double bite caramel crisp protein bar	✓			May		May			Yes			May	May	Yes		Yes
Barebells double bite chocolate crisp protein bar	✓			May		May			Yes			May	May	Yes		Yes
Kind caramel almond & sea salt bar	✓			May					Yes			May	May	Yes		Yes
Kind breakfast blueberry almond	✓			May								May	May			Yes
Kind breakfast honey oat	✓	✓		Yes								May	May			Yes
Hippeas chickpea tortilla rockin' ranch	✓	✓		May								May	May			May
Hippeas chickpea tortilla chilli kicks	✓	✓		May								May	May			May
Hippeas chickpea puffs take it cheesy	✓	✓		May								May	May			May
Hippeas chickpea puffs sweet chilli haze	✓	✓		May								May	May			May
Hippeas chickpea puffs salt & vinegar vibes	✓	✓		May								May	May			May
Hippeas chickpea puffs sweet & smokin'				May								May	May			May

# wedding breakfast menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>STARTERS</b>																
Event bread and butter	✓			Yes					Yes			May	May			May
Chicken liver parfait, date and almond biscotti, caper raisin puree				Yes		Yes			Yes			Yes	Yes			Yes
Prawn and crayfish cocktail, Marie rose sauce with whole meal bread				Yes	Yes	Yes			Yes			May	May			May
Confit duck croquet, Asian slaw, burnt spring onion dip				Yes		Yes	May		Yes			May	Yes			May
Citrus smoked salmon, caviar mascarpone, pickled cucumber, gin and tonic granita				May			Yes		Yes			May	May			May
Herb crusted goats cheese fritter, boozy beetroot chutney, pea shoot salad	✓			Yes		Yes			Yes			May	May		Yes	May
Harrisia roasted cauliflower, apricot puree, lemon pastilles and flaked almonds	✓	✓		May								May	May			Yes
Trio of roasted beets, basil yoghurt, candied walnuts and micro herbs	✓	✓		May					Yes			May	May			Yes
Choice of homemade soups	✓	✓	Yes	May								May	May			May
<b>MAIN COURSES</b>																
Braised Staffordshire steak, red wine gravy, creamed potato, braised cabbage, roasted broccoli			Yes	May					Yes			May	May		Yes	May
Grilled pork loin steak, creamed potato, fine beans, apple puree, cider gravy			Yes	May					Yes			May	May		Yes	May
Grilled chicken breast, roasted new potatoes, braised carrot, roasted broccoli, tarragon gravy			Yes	May								May	May			May
Roast chicken supreme, sage and onion stuffing, creamed potatoes, braised carrots, fine green beans, Diane sauce			Yes	Yes					Yes		Yes	May	May			May
Pan fried salmon fillet, crushed new potato, cherry tomatoes, fine green beans, lemon caper butter sauce				May			Yes		Yes			May	May			May
Braised lamb shoulder, creamed potatoes, braised carrots, roasted broccoli, minted lamb gravy			Yes	May								May	May			May
Chargrilled Hereford rump steak, fondant potato, fine green beans, peppercorn sauce			Yes	May					Yes			May	May			May
Herb crusted cod, saffron potatoes, fine beans, langoustine bisque				Yes	Yes	Yes				Yes		May	May			May
Fillet of sea bass, crushed new potatoes, cherry tomatoes, roasted broccoli, salsa Verde				May			Yes		Yes			May	May			May
Roast and stuffed courgette, braised carrot, roast broccoli, romesco sauce	✓	✓	Yes	May								May	May			Yes
Cauliflower steak, braised carrot, fine green beans, roasted new potatoes, salsa Verde	✓	✓		May								May	May			May
Beetroot risotto, vegan pesto, chopped walnuts, beetroot crisps	✓	✓	Yes	May								May	May			Yes
<b>DESSERTS</b>																
Baked lemon cheesecake, lemon sorbet, raspberry gel	✓			Yes					Yes			May	May			May
Hot sticky toffee pudding, butterscotch sauce, caramel ice cream	✓			Yes		Yes			Yes			May	May			May
Eton mess, vanilla meringue, compressed strawberries, Chantilly cream	✓			May		Yes			Yes			May	May			May
Dark chocolate brownie, chocolate sauce, almond brittle, vegan vanilla ice cream	✓	✓		Yes		Yes			Yes			May	May			Yes
Chocolate cheesecake, caramelised banana chocolate ice cream	✓	✓		Yes		Yes			Yes			May	May			May
Mixed macarons	✓			Yes		Yes						May	May			Yes
Mixed truffles	✓								Yes			May	May			May



# wedding breakfast menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>CHILDREN'S MENU</b>																
Tomato soup, warm bread and butter	✓			Yes					Yes			May	May			May
Trio of melon	✓	✓		May								May	May			May
Cheesy garlic bread	✓			Yes					Yes			May	May			May
Chicken breast dippers, chips and seasonal vegetables				Yes					Yes			May	May			May
Homemade cod and chips and seasonal vegetables				Yes			Yes		Yes			May	May			May
Macaroni cheese with seasonal vegetables	✓			Yes					Yes			May	May			May
Cheesecake, vanilla ice cream	✓			Yes		Yes			Yes			May	May			May
Sticky toffee pudding, vanilla ice cream	✓			Yes		Yes			Yes			May	May			May
Brownie with rocky road toppings, vanilla ice cream	✓			Yes		Yes			Yes			May	May			May
<b>INTERMEDIATE &amp; POST DESSERT PETIT FOURS</b>																
Kir Royale lemon sorbet with crème de cassis	✓			May								May	May			May
Frozen Bellini Champagne sorbet with white peach puree	✓			May								May	May			May
Mixed Macaroons	✓			May								May	May			May
Mixed truffles	✓			May								May	May			May

# wedding menus

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>AFTERNOON TEA</b>																
Cucumber and mint cream cheese	✓			Yes					Yes			May	May			May
Ploughman crackers	✓			Yes					Yes			May	May			May
Smoked salmon and citrus mascarpone				Yes			Yes		Yes			May	May			May
Ham wrap rolls				Yes								May	May			May
Coronation chicken poppadom				Yes								May	May			May
Pork pie				Yes		yes			Yes		Yes	May	May			May
Scotch egg				Yes		Yes			Yes			May	May			May
Carrot cake	✓			Yes		Yes			Yes			May	May			May
Lemon drizzle	✓			Yes		Yes			Yes			May	May			May
Chocolate orange fancy	✓			Yes		Yes			Yes			May	May			May
Chocolate dipped strawberry	✓			May								May	May			May
Scones	✓			Yes		Yes			Yes			May	May			May
Fruit scones	✓			Yes		Yes			Yes			May	May			May
Fruit jam	✓			May								May	May			May
<b>HOST A ROAST</b>																
Option 1 Topside beef, Yorkshire pudding, horseradish, English mustard and red wine gravy				Yes		Yes			Yes		Yes	May	May		Yes	May
Option 2 Roast loin of pork, sage and onion stuffing, crackling, apple puree, calavados apple brandy gravy				Yes								May	May		Yes	Yes
Herb roast potatoes	✓	✓		May								May	May			May
Cauliflower cheese gratin	✓			May					Yes			May	May			May
Seasonal vegetables	✓	✓		May								May	May			May
Creamed mash potato	✓			May					Yes			May	May			May
Pigs in blanket				May								May	May			May
<b>CANAPES</b>																
Honey glazed pork belly				May								May	May			May
Mini chicken Caesar				Yes		Yes	Yes		Yes			May	May			May
Honey BBQ chipolatas				Yes								May	May			May
Southern fried chicken				Yes			May		Yes			May	May			May
Mini cheeseburger in a bun				Yes					Yes			May	May			May
Chicken liver parfait tartlet				Yes		Yes			Yes		Yes	May	May			May
Onion bhaji and mango chutney	✓	✓		Yes		Yes			Yes		Yes	May	May			May
Goats cheese and tomato tartlets	✓			Yes					Yes			May	May			May
Mini duck outcakes				Yes					Yes			May	May			May
Filo parcels				Yes					Yes			May	May			May
Falafel and mint yoghurt	✓	✓		Yes					Yes			May	May			May
Mini salmon fishcake				Yes		Yes	Yes		Yes			May	May			May
<b>BLUSH LOUNGE</b>																
Deli board 1 Selection cured meats, feta, hummus, olives, toasted pitta, grapes, sundried tomatoes with roasted pepper				Yes					Yes			May	May			May
Deli board 2 Breakfast pastries, fresh fruit, granola pots	✓			Yes		Yes			yes			May	May			Yes

# wedding menus

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>BUFFET</b>																
Home made sausage rolls				Yes					Yes			May	May			May
Handmade pork pie and pickles				Yes		Yes			Yes		Yes	May	May			May
Brie, caramelised onion and lemon thyme tart	✓			Yes					Yes			May	May			May
Goats cheese and red onion filo parcels	✓			Yes					Yes			May	May			May
Pulled pork with sage and onion crostini				Yes								May	May			May
Teriyaki beef and sesame skewers				May								May	Yes			Yes
Onion bhajis & vegetable pakora	✓			Yes		Yes	May		Yes	Yes		May	May			May
Sticky BBQ chicken				Yes								May	May			May
Tiger prawns kebab				May	Yes					Yes		May	May			May
Lamb koftas				Yes					Yes			May	May			May
Potato and pasta salad	✓			May					Yes			May	May			May
Coleslaw	✓			May								May	May			May
Deli sandwiches	✓			Yes								May	May			May
Pizza baguettes	✓			Yes								May	May			May
Garlic bread	✓			Yes					Yes			May	May			May
Handcut chips	✓	✓		May			May		May			May	May			May
Wedges	✓	✓		May			May		May			May	May			May
Roast potatoes with red onions	✓	✓		May								May	May			May
Chicken or chargrilled vegetable skewers:- Sweet chilli	✓	✓		May								May	May			May
Chicken or chargrilled vegetable skewers:- Lime and coriander	✓	✓		May								May	May			May
Chicken or chargrilled vegetable skewers:- Satay	✓	✓		May								Yes	May			Yes
Chicken or chargrilled vegetable skewers:- Tikka	✓	✓		May					Yes			May	May			May
Chicken or chargrilled vegetable skewers:- Piri piri	✓	✓		May								May	May			May
Chicken or chargrilled vegetable skewers:- Honey, soy and sesame	✓			Yes								May	Yes	Yes		May
<b>STANDARD BBQ</b>																
Beef burgers with salad and cheese				Yes					Yes			May	May			May
Hot dogs with onions				Yes					Yes			May	May			May
Chicken fajitas				May								May	May			May
Minted new potatoes	✓	✓		May								May	May			May
Garden salad	✓	✓		May								May	May			May
<b>HOT ROAST BAPS</b>																
Hot roast & stuffing baps				Yes								May	May			May
Jack fruit baps	✓	✓		Yes								May	May			May
Potato slud	✓	✓		May								May	May			May
Pasta salad	✓	✓		Yes		Yes			Yes			May	May			May
Coleslaw	✓	✓		May								May	May			May
Potato wedges	✓	✓		May			May					May	May			May
<b>BRITISH</b>																
Mini Yorkshire pudding with roast beef				Yes					Yes			May	May			May
Herb and garlic new potatoes	✓	✓		May								May	May			May
Hake goujons				Yes		Yes	Yes		Yes			May	May			May
Bubble and squeak	✓	✓		May								May	May			May
Scotch eggs				Yes		Yes			Yes			May	May			May
Home made sausage rolls				Yes					Yes			May	May			May

# wedding menus

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>INDIAN</b>																
Chicken tika pieces				May					Yes			May	May			May
Saag aloo potatoes	✓	✓		May							Yes	May	May			Yes
Onion bhajis	✓			Yes		Yes	May		Yes			May	May			May
Mini nann bread	✓			Yes					Yes			May	May			May
Vegetable coconut curry	✓	✓		May								May	May			May
Poppadoms dips and chutneys	✓	✓		Yes			May		Yes		Yes	May	May			Yes
<b>ITALIAN</b>																
Pesto and mozzarella pasta	✓			Yes		Yes			Yes			May	May			Yes
Cured Italian meats				May								May	May			May
Olives and sundried tomatoes	✓	✓		May								May	May			May
Selection of Italian cheese	✓			May					Yes			May	May			May
Meatballs in tomato sauce				Yes								May	May			May
Parmesan crusted aubergine	✓			May					Yes			May	May			May
Rocket and parmesan salad	✓			May					Yes			May	May			May
<b>MEXICAN</b>																
Slow cooked Mexican chilli beef				May								May	May			May
Lime and coriander rice	✓	✓		May								May	May			May
Tortilla chips	✓	✓		Yes								May	May			May
Salsa	✓	✓		May								May	May			May
Sour cream				May					Yes			May	May			May
Guacamole	✓	✓		May								May	May			May
Spicy chicken quesadillas				Yes					Yes			May	May			May
Spicy cheese quesadillas	✓			Yes					Yes			May	May			May
<b>SPANISH</b>																
Mini chorizo baked in red wine and thyme				May								May	May		Yes	May
Smoked paprika chicken wings				May			May		May			May	May			May
Patas bravas spicy tomato aioli	✓	✓		May					Yes			May	May			May
Ensalada rusa				May		Yes			Yes			May	May			May
Calamari				Yes	Yes		May		Yes	Yes		May	May			May
Gambas pil pil skewers				May	Yes					Yes		May	May			May
<b>CHEESE TOWER</b>																
Cheese tower	✓			Yes					Yes		Yes	May	May			May

# condiments menu

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
Ketchup	✓	✓	YES									May	May			May
HP sauce	✓	✓		YES								May	May			May
Mayonnaise						YES						May	May			May
Vegan mayonnaise	✓	✓										May	May			May
BBQ sauce				YES								May	May			May
Hoi sin	✓	✓										May	May	YES		May
Horseradish	✓	✓				YES					YES	May	May			May
Wholegrain mustard	✓	✓									YES	May	May			May
Apple sauce	✓	✓										May	May			May
English mustard	✓	✓		YES							YES	May	May			May
Worcestershire sauce	✓	✓		YES			YES					May	May			May
Sweet pickle	✓	✓		YES								May	May		YES	May

# signature cocktails & mocktails

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
No Way Janet	✓	✓														
Millionaires Espresso Martini	✓	✓														✓
Sweet Shop Dreams	✓	✓														
Blush Noon	✓	✓													✓	
Very Sherry	✓	✓													✓	
Whisky Sour	✓	✓														
Bubblegum Pina Colada	✓	✓														
Pomstar Martini	✓	✓													✓	
Hugo Spritz	✓	✓													✓	
Zombie	✓	✓														
Sloe Gin and Elderflower	✓	✓														
Strawberry Lemonade	✓	✓														
Raspberry Mojito	✓	✓														
Cherry Mule	✓	✓														
Citrus Passion	✓	✓														

# cocktail mixers

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>Cocktail Mixers</b>																
Marie Brizard	✓	✓														
Elderflower	✓	✓														
Lavendar	✓	✓														
Watermelon	✓	✓														
Cardamon	✓	✓														
Ginger	✓	✓														
Cinnamon	✓	✓														
Passionfruit	✓	✓														
Gomme	✓	✓														
Orgeat	✓	✓														YES
Blood Orange	✓	✓														
Cassis	✓	✓														
Britvic Lime Cordial	✓	✓														
Britvic Orange Cordial	✓	✓														
Britvic Blackcurrant Cordial	✓	✓														



# spirits and liquors

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>Vodka</b>																
Smirnoff	✓	✓														
Grey Goose	✓	✓														
<b>Gin</b>																
Gordons	✓	✓														
Tanqueray	✓	✓														
Pink Gin Edgertons	✓	✓														
Rhubarb Warner Edwards	✓	✓														
<b>Rum</b>																
Captain Morgan	✓	✓														
Mount Gay Eclipse	✓	✓														
Bacardi	✓	✓														
Malibu	✓	✓														
<b>Brandy</b>																
Martell VS	✓	✓														
Martell VSOP	✓	✓														
	✓	✓														
<b>Whiskey</b>																
Johnnie Walker Red	✓	✓														
Johnnie Walker Black	✓	✓														
Jamesons	✓	✓														
Jack Daniels	✓	✓														
Gentleman Jack	✓	✓														
Southern Comfort	✓	✓														
Martini Dry	✓	✓													YES	
Martini Rosso	✓	✓													YES	
Martini Bianco	✓	✓													YES	
Campari	✓	✓													YES	
Pimms	✓	✓														
Aperol	✓	✓														

# spirits and liquors

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>Port/Sherry</b>																
Grahams Six Grapes	✓	✓											YES			
Grahams LBV	✓	✓											YES			
Grahams Tawny	✓	✓											YES			
Barbadillo	✓	✓											YES			
<b>Liquors</b>																
Tia Maria	✓	✓														
Baileys	✓								YES							
Gran Marnier	✓	✓														
Cointreau	✓	✓														
Drambuie	✓	✓														
Amaretto Disaronno	✓	✓														
Jagermeister	✓	✓														
Chambord	✓	✓														
<b>Sambuca/Tequila</b>	✓	✓														
Luxardo Sambuca	✓	✓														
Jose Cuervo White	✓	✓														
<b>After Dinner Drinks</b>																
Talisker	✓	✓														
Glenmorangie	✓	✓														
Laphroig	✓	✓														
Grappe	✓	✓														
Calvados	✓	✓														
Remy VSOP	✓	✓														
Remy XO	✓	✓														
Grahams LBV	✓	✓													YES	
Grahams Tawny	✓	✓													YES	

# wines and sparkling

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>White Wine</b>																
J. Bouchon Reserva Chardonnay	✓	✓													YES	
Gabbiano Pinot Grigio	✓	✓													YES	
Lyngrove Sauvignon Blanc	✓	✓													YES	
Rongopal Malbrough Sauvignon	✓	✓													YES	
Orube White Rioja	✓	✓													YES	
Chappel Royale Chablis	✓	✓													YES	
Chateau Langlios Sancerre	✓	✓													YES	
La Lancelotta Gavi	✓	✓													YES	
<b>Rose Wine</b>																
Canyon Road Zinfandel	✓					YES			YES						YES	
Ca Del Lago Pinot Rose	✓	✓													YES	
Whispering Angel Provence															YES	
<b>Red Wine</b>																
7 Fires Malbec	✓	✓													YES	
Wolf Blass Reserva Shiraz	✓	✓													YES	
Bouchon Reserva Merlot	✓	✓													YES	
Bouchon Pais Viejo	✓	✓													YES	
Contea Di Castiglione Barolo	✓	✓													YES	
Tres Coy Chateaufneuf Du Pape	✓	✓													YES	
The Crossings Pinot Noir	✓	✓													YES	
Solar Viejo Rioja Crianza	✓	✓													YES	
Lambisque Cote Du Rhone	✓	✓													YES	
<b>Sparkling</b>																
Il Caggio Prosecco	✓	✓													YES	
Il Caggio Prosecco Rose	✓	✓													YES	
Ayala Brut															YES	
Ayala Rose															YES	
Bollinger Curvee															YES	

# beers

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>Draught Beer</b>																
Madri				YES												
Coors	✓	✓		YES												
Atlantic IPA				YES												
Guinness	✓	✓		YES												
<b>Bottled Beer</b>																
Peroni	✓	✓		YES												
Birra Moretti	✓	✓		YES												
Heineken Zero 330ml	✓	✓		YES												
Magners	✓	✓														
Green King IPA	✓			YES												

# soft drinks

	Suitable for Vegetarians	Suitable for Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soybeans	Sulphur Dioxide & Sulphites	Nuts
<b>Soft Drinks</b>																
Coke	✓	✓														
Diet Coke	✓	✓														
Schwepps Tonic	✓	✓														
Schwepps Slimline Tonic	✓	✓														
Schwepps Ginger Ale	✓	✓														
Schwepps Ginger Beer	✓	✓														
Sun Magic Apple	✓	✓														
Sun Magic Orange	✓	✓														
Sun Magic Cranberry	✓	✓														
Sun Magic Pineapple	✓	✓														
Belu Still Water 12 x 750ml	✓	✓														
Belu Sparkling Water 12 x 750ml	✓	✓														
Coke BIB	✓	✓														
Diet Coke BIB	✓	✓														
Schwepps Lemonade	✓	✓														